November 2004

Village News

Volume 38 Issue 3 — Serving the people of Cabin John and beyond

Cyclist Lance Armstrong and the Tour of Hope Ride Down Cabin John's "Main Street"



© Benno Schmidt

by Heidi Brown-Lewis

The Bristol-Myers Squibb Tour of Hope raced down MacArthur Blvd through Cabin John on Saturday morning Oct. 9th. The Tour of Hope Team is comprised of 20 cyclists who have a passion for cancer research. They are survivors, caregivers, advocates, healers, and researchers who share one mission — to help future generations move closer to the ultimate miracle, a cure. Cancer survivor and 6-time Tour de France winner Lance Armstrong lead this year's tour from LA to Washington, including the mile through Cabin John! In addition to the 20 team members, there were over 1000 local riders who joined the last leg from Rockville to the Mall.

(continued on page 6)

Hundreds of Cabin John Volunteers Help Make 2004 Crab and Chicken Feast Another Success

by Frank Ritzenberg

We had another beautiful day for the crab feast, and a great turn-out from our community, neighboring towns and even hungry passersby. From the start of the bike parade, to the last crack of a crab claw, this annual event is a highlight of the Cabin John year.

The funds raised help support all the many events and efforts sponsored by the Citizens Association – the canoe trip, holiday party, historical panels, creek clean up, directory and *Village News* mailing, and so on.

But – it is also an enormous undertaking that wouldn't be possible without a small army of CJ'ers. If you didn't help this year, consider volunteering in 2005. It's a great way to meet neighbors and contribute to Cabin John's special small-town atmosphere.

Special thanks to the following:

Ralph Osborn
The Bethesda Co-Op (Helen and Fatai)
John Hughes and his staff
Cabin John Volunteer Fire Department
Cabin John/Brookmont Children's Program
Church of the Redeemer/Bannockburn
Glen Echo Baptist Church and to Kevin Fyock
St. George Coptic Orthodox Church
Bob Epstein
Joe Decker/Level

And the army of volunteers:

Publicity

Gabrielle Herderschee-Hunter.

Tickets

Clare Amoruso and Lisa Landsman.

Ticket Sales

Helen Daniels, Brandon Fortune, Marian Purtell, Diane Leatherman, Lorraine Minor, Jean Betz, Sylvia Gollub, Juliet Rodman, Oona Steiglitz, Deborah Duffy, Diana Carter, Melanie Patt Corner,

(continued on page 3)

INSIDE

Neighborly News 2
CJCA News 4
Crab Feast Figures 7
October Memories 8
Local Wisdom 10
Blood Drive Summary 11

Neighborly News

by Barbara Martin

Martha Bollo has died at age 84. Mrs. Bollo, who lived on 76th Street for over 40 years, was an enthusiastic gardener and was often seen on her riding lawn mower. Her husband, **Stephen Bollo**, died some years ago. She was the sister of **Wayne Frazee.**

Last month's issue of *Village News* listed Longtimers, people who have lived in Cabin John 30 years or more. Add to that list **Marvin Barber** who lives with his wife, **Marilyn**, on 81st Street.

Once more our faithful friends, **Lorraine and Forrest Minor,** have taken over the mailing of this month's *Village News*, since we are out of town. They did that job last month, too. If you would consider volunteering to step up as a fill-in when Reed and I can't be here to do it, PLEASE let us know. It's not hard; it takes about three hours to do the labeling with two people helping, plus carrying the paper to the Post Office for mailing. We have been doing the mailing for a quarter of a century.

WSSC has notified residents that the CJ Wastewater Pumping Station at the end of Riverside Drive will be demolished and removed. WSSC says, "The removal of the pumping station will save our ratepayers approximately $40,000 per year in maintenance and operations costs." In its place, WCCS will install 300' of 8" diameter gravity sewer that will connect to existing sewer mains to transport wastewater from this area to Blue Plains Wastewater Treatment Plant. Now let's hope they do something about the offensive sewer smell along our stretch of the towpath.

A Cabin John enterprise, Handwriting Without Tears, was recently honored for its pre-K program, which was selected as the best children's curriculum for 2004 by the Association of Educational Publishers. Besides handwriting, the program focuses on music, movement, and multi-sensory activities. Handwriting Without Tears occupies the white building at the corner of 79th Street and Macarthur.

Alexandra Corddry, won the title of Homecoming Princess for Walt Whitman's junior class. Alexandra is an honors students and is on the Varsity Poms Squad. She lives with her parents, **Lynne and Phil Corddry,** on 76th Place.

Bannockburn Cooperative Nursery School will hold its Open House for families applying for the 2005-06 classes on Saturday, November 6, 10 am to noon (children welcome), 6314 Bannockburn Drive, Bethesda, MD. Direct any questions to Susane Deeds/Membership Chair at (301) 263-9008. Their website is: www.bannockburnnurseryschool.com

Our crop of Oriental persimmons will be ripe toward the middle of November. If you'd like some, call us. Also, we have several banana trees to give away, one to a customer (except they're free). No they don't bear bananas, and yes they do have to be kept indoors until spring. They have large leaves and grow fast. Martins, 301-229-3482.

Please call 301-229-3482 or email barbmartin@comcast.net with any news items of residents, past, present, or brand-new. Let your neighbors know of deaths, births, weddings, special events, people moving into or out of town.



ALPINE VETERINARY HOSPITAL

Full Service Animal Hospital

Mon-Fri 7:30 am - 7:00 pm

Sat 8:00 am - 2:00 pm

7732 MacArthur Boulevard

Cabin John, MD 20818

301/229-2400

Community Calendar

NOV OCT

23 ..... Going Native Collection
MacArthur tennis court parking lot
9:30 - 11:30 am

26 ..... CJCA Meeting
Clara Barton Center
7:30 pm (see p. 4)

2 ..... General Election
Clara Barton Center
7 am - 8 pm

CRABFEAST
cont. from page 1

Connie Bergfors, Susan Roberts, Kathy Siefken, Gloria Slayton, Peter Vogt, Bob Wilkoff, and Maureen Willoughby.

Vegetable Preparation

Karen Melchar, Robin Gurley, Marlene McConnell, Deborah Duffy, Lisan Martin, Ruth Rabner, Patti Gude, Marian Purtell, Helen Harris, Orla "The Onion Man" Kastberg, Dominique Maggio, Maris Miles, Heidi Brown-Lewis, Riley Lewis, Lennon Lewis, and Daisy Lewis.

Bike Parade

Heidi Brown-Lewis, Riley Lewis, Lennon Lewis, Daisy Lewis, Ruth Rabner, John Rabner, Nate Rabner, Cassie Rabner, Robin Gurley, Mary Major, Hannah Duffy, Scott Lewis, Hayley Biegel, Nurit Erger, Tori Seidenstein, Tom Black, and Gabrielle Herderschee-Hunter.

Kitchen

Nicki Wright, Linda Green, Lorraine Minor, Diane Leatherman, Helen Daniel, Betsy Lawrence, Haley Lawrence, and Mimi Lawrence.

Servers

Clare Amoruso, Barbara Martin, Meredith Griggs, Mary K Young, Bramman Avery, Leslie Baldwin, Beth Tucker, Janet Dence, Walt Dence, Susan Roberts, Karen Melchar, Stephanie Smart, Susan Gelb, Benno Schmidt, Barbara Wilmarth, Lu Coleman, Melissa Bell, Helen Daniel, Elaine Tama, and John Rabner.

Pizza

Lynn Hopkins, Noah Hopkins, and Andrea Caplan.

Popcorn

Jean Betz and Hannah Wilkoff.

Face-Painting

Linda Ritzenberg.

Crab Steamers

Ralph Osborn, Pete Couste, Forrest Minor, Gene Wright, and Virginia Quesada.

Lemonade

The Murphy family.

Chicken

Jan Smith, Stan Schaper, Meredith Griggs, Judy Mopsik, Fred Mopsik, Rob Kibler, Margaret Fisher, Eric Federing, and Daphne Clones.

Ice

Gene Wright and Sarah Wright.

Clean-up

Andy Rice, Adi Carter, David Fry, Nan Fry, and John Gelb.



© Tim Weedlun

Musician/juggler Chuck Flayhart at this year's crab feast.

Umbrellas

Lisa Landsman and Larry West.

Drinks

Trudi Bick, Tina Adler, Florence Lehr, Joel Todd, Cynthia Palmer, Rita Gerharz, and Lisan Martin.

Tables

Burr Gray, John Hughes, Phil Amoruso, Mark Leatherman, Steve France, Reed Martin, Ted Wilmarth, Kathleen Black, Rick Duffy, and Adi Carter.

Table Covering

Helen Daniel, Jean Johnson, Greg Pawlson, and Felicitas Kotner.

Music

Doug Hall and Ed Pozarny.

And last, but not least: Burr Gray, CJCA president; Bruce Wilmarth, CJCA treasurer; Lori Rieckelman and Nicki Wright, crab feast co-chairs; and Frank Ritzenberg, crab feast chair. —

Digital Handyman, Inc.
Personal Computer Solutions
240.447.6535
www.dhandyman.com
support@dhandyman.com
Microsoft CERTIFIED
CompTIA
On-site computer installation and repair
Virus removal
Maintenance
Security
Upgrades
Networks
Training

CJCA News

by Burr Gray

The next meeting of the CJCA will be Oct. 26, 7:30 pm at the Clara Barton Community Center.

Agenda for Next CJCA Meeting — Community Center Programs/Funding/Rentals/Personnel and Other Center-related Issues for 2004-05.

Summary of September 28, 2004 CJCA Meeting — 1) The attendees voted to voted to spend up to $500 of CJCA funds, along with $500-$1000 worth of labor to assist with restoration and improvement of access to the historic cemetery near the former Gibson Grove Church (a grant application was subsequently sent in to the county requesting $1000 from county for the project). 2) Concerns were voiced over the location of the Captain's Market dumpsters directly along Tomlinson Ave; the attendees supported having CJCA send a letter to the Captain's Market asking that the dumpsters be relocated. 3) Concern was voiced regarding the increasing amount of commuter cut-thru traffic coming along Arden Road and using 75th St (in front of the Community Center) to get to MacArthur Blvd. during morning rush-hour; the attendees supported an effort to work with the County to prevent such cut-through traffic. 4) The financial summary of the Crab Feast was presented by CJCA Treasurer Bruce Wilmarth, who noted another successful year with net proceeds coming in at $3,316. (See page 7 for more detailed listing.) Many thanks go again to Frank Ritzenberg and his helpers for all of the work put into this community event/fundraiser.



Glen Echo Baptist Church

Serving Cabin John families since 1939

Dr. Ed Curtis, Th.D., Pastor

Bringing God's Truth to Life

Sunday School . . . . . .9:30 am
Sunday Services. . . . . .11:00 am
Wednesday Activities . . . . .7:00 pm
Mid-Week Bible Study. . . . Vassar Circle

Annual Taking Down of the Flags — Many thanks for Reed Martin and Danny Harris for taking down the flags along MacArthur Blvd for the winter. Danny takes the old worn-out flags to the local VHF Post where they are destroyed as per proper protocol.

Skateboarding Not Allowed at Glen Echo Park — Over the past few months, Glen Echo Park has experienced escalating problems in the park with skateboarders. The problem has become destructive, resulting in damage to park property and the taking of park property for skateboarding use. As a result, the Park has posted "Use of Skateboards Prohibited" signs in the park and will be enforcing the prohibition. Skateboarding is prohibited generally in national parks by the code of federal regulations (CFR 36).

CJ Directory Change — Page 75. Change Dale to Gale in the entry O'Laughlin, John and Dale.

Helpful Clara Barton Community Center Information — Some questions have been raised about the room rental policy at the Community Center. According to the County, the following rates are being applied by the County to all Community Centers. (Barbara Martin is researching the issue of whether an agreement was reached in the late 1980's that allowed CJCA and other local Cabin John non-profit entities to use the Center free of charge.)

Rental Rates - Non-Profit Entities

Meetings without food	6 free, 7th $18/ hr
Meetings with food	$26/hr
Gym Rental	$45/hr
Limited Social	$45/hr (before 6:00pm, less than 50 attendees
Social Function	$90/hr

Rental Rates - Profit/Individuals

Meetings without food	$26/hr
Meetings with food	$45/hr
Gym Rental	$60/hr
Limited Social	$45/hr
Social Function	$120/hr

There are other rental categories, such as youth prevention activities – proms, lock-ins, etc. There is also a non-county resident fee of $10.00 added to the total fee.

(continued on page 9)

What does the kingdom of heaven look like?

GOD wants all people to come together as one in service, in purpose, in fellowship and in worship of their creator. Concord - St. Andrew's United Methodist Church is one of the most diverse congregations in the area. People from all over the world worship here — from Japan, Korea, Ghana, Sierra Leone, Czech Republic, Sri Lanka, China, India, South America, and all over the U.S. Come worship with us, and you might glimpse a growing corner of heaven.

"Jesus loves the little children,
All the children of the world..."



Concord - St. Andrew's
United Methodist Church
5910 Goldsboro Road
Bethesda, Maryland
301-229-3383
Worship 10:00 Sunday Sch. 10:15

KEPLER FRAMING
Rich Kepler, Certified
Professional Picture Framers Association
Full Service Picture Framing
All Major Credit Cards
Cabin John, MD
320-0248

1st Choice
Professional Painting & Home Improvements
MHIC 39488/Insured
John Balmer
6521 75th St.
Cabin John, MD 20818
www.go1stchoice.com
H: 301-229-9108
C: 240-498-1003
jrbalmer@comcast.net

My Sushi
MacArthur Plaza
7945 MacArthur Boulevard #107
Cabin John, Maryland 20818
301.263.9288 301.263.9788
Dine in, Carry out or Party platters
Mon. thru Thurs. 11:30 AM - 9 PM, Fri. & Sat. 11:30 AM - 9:30 PM



HUGHES
LANDSCAPING & SUPPLY
Landscape Design • Installation • Maintenance
Decks • Retaining Walls • Hauling • Gutters
JOHN HUGHES
PRESIDENT
15111 Morrow Road, Poolesville, MD 20837
(301) 330-4949 / (301) 977-4949 Fax
E-mail: jhughes@hugheslandscaping.com



LONG & FOSTER®
REALTORS®
Let's Talk!
Eleanor Balaban
229-7990

TOUR of HOPE
cont. from page 1

Their triumphant finish on the ellipse in DC was well documented by local and national press, but their quick pass through Cabin John just prior to that was no less euphoric. Along MacArthur Blvd, many Cabin Johnner's turned out to cheer on the team — and to catch a glimpse of Lance Armstrong himself pumping down the same street we have all biked so often, even if he was going a good bit faster than most of us manage.

One particularly vocal group was gathered at 75th Place and MacArthur. Friends and neighbors of Clare Schmidt turned out to share coffee and doughnuts and show their support for the kind of clinical trials that helped treat Clare, a kindergartner at Bannockburn, so successfully. Others made their way to the parking lot at Glen Echo park, where all the riders regrouped for their last sprint into the city.

Perhaps some motorists were inconvenienced as the extensive police escort kept traffic at bay for the 15-20 minutes it took for most of the riders to pass, but for those of us lucky enough to watch the excitement from our front yards — it was a wonderful morning! —



© Greg Whiteaker

Clare Schmidt gets a shoulder perch from Maria Whiteaker as she cheers on the Tour of Hope bicyclists with, from left to right: Daniel Sankar, Lisa Gappa-Norris, Liam Black, and Phoebe Schmidt.



© Greg Whiteaker

Abeillé
putting the accent on your success
For more than a decade, Barbara Abeillé has been helping people sell or purchase their homes. Finding a new home can be a challenge. Finding the right realtor can make all the difference.
Call 301-996-6477
www.abeillehomes.com
barbara@abeillehomes.com

Barbara Abeillé
Coldwell Banker Residential Brokerage
9192 Wisconsin Ave., Bethesda, MD 20814
(o) 301-718-0020
COLDWELL BANKER
RESIDENTIAL BROKERAGE

Innovative Landscapes for Outdoor Living
MARK WILLCHER & CO., INC.
landscape designers contractors
crafting gardens since 1980
301-320-2040
WASHINGTONIAN AWARD WINNER

2004 Crab Feast Figures (Rounded)

Gross Deposit:	$7,553

Expenses

Crabs	$1,021
Room Cost (Mont. Co.)	$ 600
Beer & Wine	$ 404
Chicken, Baked Beans, Cole Slaw	$ 360
Clown	$ 295
Vegetables	$ 279
Umbrellas	$ 213
Grill Rental	$ 137
Ice	$ 120
Soda & Water	$ 120
Miscellaneous**	$ 688
Total Expenses:	$4,237
Net Revenue:	$3,316

The following were the proceeds from various noted sources, but do not include all sources, including ticket sales at the event itself:

Advance Ticket Sales	$2,865
Popcorn (Net Proceeds)	$ 102
Pizza (Net Proceeds)	$ 92
Lemonade (Net Proceeds)	$ 590
Soda, Beer, Wine, Water (Net Proceeds)	$ 656

*** Miscellaneous category includes: spices (5.00), vinegar (2.59), [Worcester sauce, charcoal, chicken broth (90.50)], Costco(164.57), Giant (65.30), Safeway (5.81), Bruce Variety (5.41), CVS (1.88), Plaza Art – Face Painting (22.14), Kinkos (60.15), table cloths (13.39), crab mallets (100.00), tips for three non-resident workers picking up/returning tables & chairs (100.00), County license for Food (30.00), County license for alcohol (30.00).*

NOTES: Gross Deposit includes receipts from ticket sales, CJCA poster sales, t-shirt sales, post card sales. Tickets for the event were sold as follows: $10 for advance ticket sales; $11 at the door. This was a $1 increase over the 2003 event. Crab costs were up from previous years, in part due to market prices, an increase in the amount of crabs purchased and some increase in quality of crabs. This was the first year CJCA had to pay Montgomery County for the use of the facility. Ice expense up due to limited refrigeration at Community Center.



Andrea Caplan, B.A., C.M.T.

multimodal bodywork
Cabin John Silver Spring

301-346-5716
www.thebodypolitic.net



Balance your body, mind and spirit...

Felicitas

SPECIALIZING IN
Thai Massage ♦ Swedish Massage
Healing and Relaxation Techniques

Main 202-256-3881 Office 301-320-4552

AMTA State Certified and Fully Insured
Working 10 Years at Georgetown Four Seasons Spa

What is Thai Massage?

The next wave in bodywork catering to all your health and wellness needs. Thai massage is a healing art form that works with the energy flowing through the body to remove blockages and restore balance.

What can I expect?

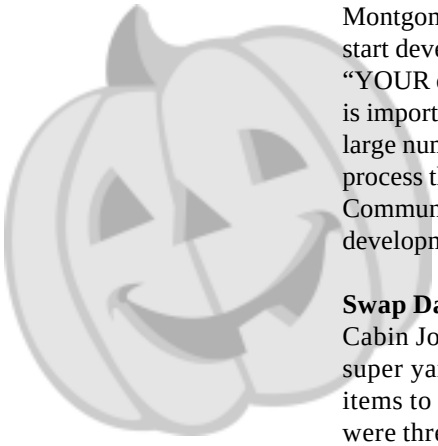
- Stretching, breath work and the Thai system of stimulating energy lines running through the body.
- Japanese Trepidation.
- Loose, comfortable clothing is worn.
- Thai massage is done on a table or floor.
- Clients have described these sessions as energetic, restoring and relaxing.

Looking Back in Cabin John

by Andrew E. Rice

A Collection of Some October Memories

The archives of the *Village News* are a rich source of information about our community's history. Every year I select a month when I scan issues of the paper that appeared in the same month in earlier years. Here are some of the highlights of Cabin John life in previous Octobers:



Town Meeting: The October 1970 issue of the paper encouraged everybody to come to the forthcoming Town Meeting where a planning officer from Montgomery County would meet with citizens to start developing a plan for Cabin John's future. "YOUR opinion about what's needed in Cabin John is important," the editor declared. (And in fact a large number of citizens did show up to begin a process that ultimately led to the 1973 Cabin John Community Plan that has guided our town's development ever since.)

Swap Day: The same paper also announced a Cabin John Swap Day on October 31 — a sort of super yard sale with everyone bringing saleable items to a central location on 76th Street. There were three simple rules: 1) Price your own things; 2) Bring your own change; 3) Haul away whatever doesn't sell.

Shopping Center: In October 1977 the big news was that the Tuohey tract, the open space next to firehouse, had just been sold to William Klinedienst, a developer who announced plans to build a 30,000 square foot shopping center.

Post Office: Work was getting under way in October 1982 to prepare space for the Cabin John Post Office to move into the new shopping center — that had in fact been built — from its then location at the north end of the Clara Barton building

Bus Service: There was good news in the October 1984 *Village News*: bus service between Bethesda and Cabin John would be starting in the following January as Ride-On Route 32. The community had been without public transportation since Metrobus Route N-8 (which ran from Sibley Hospital to Cabin John) had been discontinued some years earlier.

Cable TV: The October 1987 paper reported that cable TV would be available soon in Cabin John, probably by the end of the year.

Billings Memorial: The same issue invited citizens to attend the dedication of the Billings Memorial on October 25 at the Cabin John end of the Union Arch. The dawn redwood trees, bench and plaque memorialized Linda Billings, who had been an active community leader and who had been murdered while working late at her EPA office on Thanksgiving Eve two years earlier.

I wonder what will be remembered a few years hence about October 2004? —

Memory Book Reprinting Planned: Would You Like to Have One?

The Cabin John Citizens Association is considering reprinting *Time Was*, a collection of reminiscences by 18 Cabin John old-timers interviewed by Elizabeth Kytle for the community's 1976 bicentennial celebration. Their recollections, most of them going back to the 1920's and 1930's, provide a vivid picture of what Cabin John life was like in an earlier epoch. Since the book has long been out of print, many of today's residents have never had the enjoyment of reading it. Before ordering the reprints — which will be sold at the low price of $6 per copy — the Association would like to get some indication of interest. If you think you'd be likely to buy the book, therefore, please send a brief e-mail to that effect to Andy Rice at aerice@comcast.net.

MR Bugs, Inc
Termite & Pest Control
Let Us Do Battle For You!
(301) 229-7200
P.O. Box 343
Cabin John, MD 20818
Mike Roark
Service Manager

Congratulations!!!
Ellen Wilner
#1 Agent in 2001 & 2002!
Bethesda Downtown Office



"I live in Cabin John and I ♥ it!"

When you're ready to buy or sell your home... call
Ellen your
Cabin John Realtor
301•941•2344

COLDWELL BANKER

www.ellenwilner.com

CJCA NEWS
cont. from page 4

Donations to the Center — In the past MO County fiscal year, various funds were raised locally to help the Center as follows:

1) Funds donated to the Community Center via the Cabin John Citizens Association = $1669.74, with expenses = $1581.34, which included kids toys, a new TV (that was subsequently stolen), DVD player, basketball nets, end of year Mac Café costs, and purchase of canopies.

2) Funds raised by the Friends of Clara Barton Community Center (FCBCC) = $4631 (from Deanna Bogart Concert) with expenditures from that group as follows:

$107.65	- one half of cost of 3/27/04 Ping Pong exhibition (co-sponsored with CJCA),
$395.15	- blinds for weight room, game room, and senior room,
$1000	- deposit for Deanna Bogart 2005 concert,
$286.34	- CD player for exercise class,
$100	- tuning for existing piano,
$75	- moving costs of 2nd donated piano.

This year the effort is to have all contributions come through FCBCC to keep things simple, so look for the donation flyer (created by Judy Brookes) at the Community Center if you wish to make a donation. FCBCC will also be hosting its second Deanna Bogart concert on Feb. 26, 2005, so put that on your calendar. —❧

STUDIO GALLERY
2108 R Street, NW
Washington, DC 20008
202.232.8734 www.studiogallerydc.com
Gallery Hours: Wed.-Sat. 11-5, Sun. 1-5

HARRIET LESSER
ALL's FARE
PAINTINGS

OCTOBER 24 - NOVEMBER 21, 2004

Artist's Opening Reception
Saturday, October 30, 6-8pm

Galleries First Friday Reception:
November 5 2004, 6-8pm

Dessert in the Gallery:
Sunday, November 21, 2004, 4-6:30pm

Local Wisdom

Good advice and interesting information from experts in Cabin John

This month we feature good advice from Ellen Shillinglaw, 15-year Cabin Johnner and landscape designer.

Q: What's the greatest landscaping challenge facing Cabin John residents?

A: "Well, I used to joke that I knew nothing about sun plants because all I do in Cabin John is deal with shade. With our wealth of towering trees and mature plants and shrubs, many of us have no place for sun loving flowers."

Q: In an established landscape, what are some of the challenges and how do you address them?

A: "In landscaping, just as with aging faces and expanding waistlines, maturity is not always a pretty thing. Pruning is time consuming if you do it yourself, expensive if you don't."

Ellen's tips:

1. If you hire a landscape designer, pay attention to the sun before your first appointment. Look all around your yard at 9 am, noon, and 4, making notes of what is in the sun and what is in the shade.

2. Plants look better if they grow to their natural shape: don't prune bushes into sterile snowballs.

3. When you buy plants or trees, pay attention to their eventual size.

4. Experiment: look beyond impatiens and pansies for color in an annual bed. Many plants have gorgeous stripes and shimmers of color. Consider coleus, which come in almost unlimited varieties, caladium, sweet potato vines, and calla lilies. Persian Shield and Wandering Jew add different shapes and shades, and tropical plants offer huge textured leaves.

5. Support your local nursery. They have hybrids bred for brilliance, not mass marketing. Use Costco for basics like chrysanthemums, impatiens, and poinsettias.

—Interview by Ann Cochran



Neighborhood Services

CABIN JOHN AMERICAN-CHINESE UNITED METHODIST CHURCH 7703 MacArthur Boulevard. Mixed cultural and traditional background, American and Chinese united in worshiping and serving God together. Residents of Cabin John and surrounding areas: you are warmly invited to share with us. Come and experience the Blessings!!!! English service 10 am, Chinese service 11:15 am on Sundays. Fellowship groups meet on Fridays at 8 pm for youth, young professionals, families and children. Call church office [Rev. Hii] at 301-229-8233.

MUSIC LESSONS—VIOLIN, VIOLA AND PIANO STUDIO. All ages, all levels. Ensemble workshops. Vera Dolezal. 301-229-5685.

CHILD CARE. Licensed Family Day Care. 16 yrs. experience, references. Call Siew at 301-320-4280.

BANISH HOUSEHOLD CLUTTER & SIMPLIFY YOUR LIFE. Call Melanie Patt-Corner at "A Place for Everything" Household Organizing Service. 301-263-9482. Member National Association of Professional Organizers.

GET THE STRESS OUT!! MASSAGE THERAPY. Receive a soothing Swedish/Deep Tissue Massage in your own home. Only $75/hr. Gift Certificates available. Call Dominique @ 301-263-2783; 301-728-5367 (cell) or Racerdom@AOL.com

CABIN JOHN DOG WALKS & PET SITTING: Pet sitting for all your pets and midday walks for your dogs. To keep your pets safe, happy and healthy please call (301) 257-1076.

SHARON'S Bouquet

Order Online!
http://www.sharonsbouquet.com

Teleflora® Member Florist

7607-B MacArthur Blvd.
Cabin John, MD 20818
Located Next to Captain's Market

Phone: 301-320-9495
Fax: 301-320-9496

WELLS FARGO HOME MORTGAGE

Dean C. Paulos
Home Mortgage Consultant

Call Me!!! Free Credit Check & Analysis

Wells Fargo Home Mortgage
MAC M4043-031
702 Russell Avenue
Suite 307
Gaithersburg, MD 20877
202-237-5586 Ext 113 Office
202-230-2175 Cell
DEAN.C.PAULOS@WELLSFARGO.COM

* PURCHASE *
* CASH-OUT *
* CONSTRUCTION *
* All Credit/Low Rates *

Offer Many Programs
Reduce Monthly Payments



Michael & Zachary

Oct. 3, 2004 Blood Drive Summary

The Oct. 3, 2004 blood drive at the Clara Barton Community Center generated 52 pints of blood which exceeded the goal of 50!!! Many cheers because this is an excellent result. These blood drives that were re-started by the Cabin John Citizens Association at the Community Center four years ago, and have now generated 478 pints of blood for local hospitals. The 52 pint result was generated by an outstanding effort on the part of our donors, the organizers, and by the Red Cross nurses who managed to get a pint from everyone who made it to the donor chairs. As always, we don't list donor names for privacy reasons, but we can thank Karen Melchar for donor recruitment, Neil Helm for publicity, Scott Lewis and Tom Green for take down at the end of the day, and Hidemi Omori & Amanda Ingraham (both Pyle students), Lori Rieckelman, Benno Schmidt and Karen Melchar for manning the sign-in table.

It had been over two years since we had exceeded the 50 pint goal so this was a terrific result. The drives used to generate 50+ pints more often when we ran just two blood drives per year, but we went to three per year at the request of the Red Cross. This put an additional burden on our pool of usual donors and we have been trying to expand our circle since then with e-mail notices to nearby communities and local schools and churches.

With more blood needed generally these days for a variety of reasons, it is critical to expand the donor pool. One thing CJCA is considering is an incentive program for first time high school donors. Scott Lewis will be exploring the possibility of having businesses sponsor a program of this nature.

Classifieds

FOR SALE: Precor EFX 5.17 Elliptical Trainer - like new! Allows you to set resistance, incline level, back or forward pedaling. Smooth, quiet operation. Great workout for gluteus and quads. Perfect condition. Call Juliet at 301-229-2390. $20,000 retail. Asking prince: $500.00.

WATERCOLOR CLASSES: Small, friendly classes for adults. All levels, including complete beginners. Held in teacher's Victorian home in Garrett Park. Martha Seigel, MFA, The American University. 23 years experience. Call 301-946-5388.

HOUSEKEEPER. Live In. Weekends off. Must cook. Light cleaning and laundry. Non-smoker. References required. Call 301-951-0900 extension 110 Mon - Fri 8:30 - 5:00.

AVAILABLE FOR PART-TIME IT WORK in/near Cabin John or Bethesda; Web/HTML; Databases; MS Office tools; strong multi-tasking & people skills; benefits not required; flexible. Call Ann @ 301-229-0719.

CABIN JOHN VALET

7607 MACARTHUR BLVD
CABIN JOHN, MD 20818
PH# (301) 320-5542

Hours: Monday-Friday 7am-7pm
Saturday: 8am-6pm

DRYCLEANING
LAUNDRY
SHOE REPAIR
EXPERT ALTERATION
SAME DAY SERVICE
LEATHER - SUEDE
FUR
WEDDING GOWN
DRAPERY SERVICE

To place an ad in the Village News classifieds, send us your ad and payment of $0.25 per word by the deadline. If you have questions, call Lorraine Minor at 301-229-3515.

THE VILLAGE NEWS is published monthly except in July and December and is sent free to all 800+ homes in Cabin John. Others may subscribe for $5 per year. Send news, ads, letters, and subscriptions to: The Village News PO Box 164 Cabin John, MD 20818 [or heidi@alumni.vanderbilt.edu]

The next deadline is 10 am Wednesday Nov. 17 for the issue mailing Nov. 25.

Volunteers who make the Village News possible: Heidi Brown Lewis–editor, Barbara and Reed Martin–distribution & proofreading, Lorraine Minor–business manager, Tim Weedlun–layout editor.

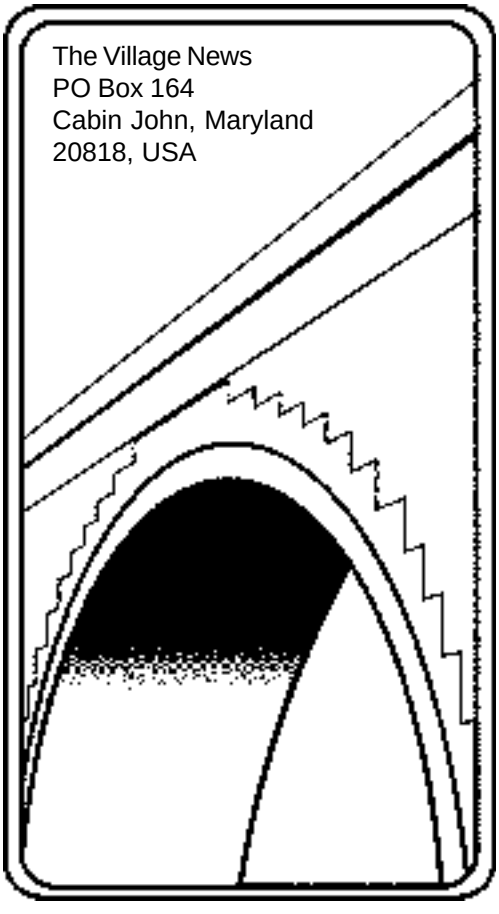
Regular Contributors: Burr Gray, Andy Rice, Barbara Martin.

Ads: 301-229-3515 or mail to *Village News* at above address

Neighborly News: 301-229-3482 or barbmartin@comcast.net

Features/News: 301-320-0918 or heidiblewis@earthlink.net

The Village News
PO Box 164
Cabin John, Maryland
20818, USA



PRSRT STD
US Postage Paid
Cabin John, MD
Permit 4210

www.cabinjohn.org