THE VILLAGE NEWS

Volume 33 Issue 11 | Serving the people of Cabin Johhn and beyond | August 2000

NEIGHBORLY NEWS August 2000

by Barbara Martin

Win Shaw died in April. Win was a Washington native and had lived in Cabin John, on Macarthur Boulevard, for many decades. He worked at David Taylor Model Basin and then for the Smithsonian's Air and Space Museum. He was a former treasurer of the Citizens Association, a member of the CJ Fire Board, and a trustee at Hermon Presbyterian Church. He and **Geraldine Redden Shaw** were married 52 years. His children are Karen Howe and Stephen Shaw; he had three grandchildren.

Celeste Swedenberg died July 1. For decades, Celeste was a driving force in Cabin John, especially in the Black community. Very little went on at Gibson Grove AME Zion Church that wasn't planned or carried out by Celeste. She was a County bus driver for 22 years. One of her proudest accomplishments was the formation of the Cabin John Home Study in the 60's, a group that provided tutoring, school clothes and supplies, enrichment activities, and help with college expenses for any Cabin John kids who needed practical encouragement to succeed in school. She was instrumental in establishing the Palisades Pool Free Swim program for Cabin John--a program that has continued for over 30 years. Celeste lived on Carver Road with her son, **Harry Swedenberg**, and grandson, **Everett Matthews**.

Mark Kuller is a new resident on Riverside Drive. Mark moved here from Potomac. He has a son, Max, 20, and a daughter, Candace, 14. Mark works as a tax attorney.

Maria Kallman, 16, of 76th Street, has emerged as the nation's top girl kayaker; she was awarded that honor in Wisconsin this spring. For 2 years, Maria has been on the junior national slalom team. Her parents are Tim Kallman and Kate Grinberg. Sharing honors with Maria is **Necj Poberaj**, 16, who is ranked as the top U.S. boy in the same sport. His parents are Sylvan and Nevenka Poberaj of 80th Place. Maria and Necj are scheduled to participate in the 2000 world competition in Slovakia, July 13-16. Other accomplished kayakers who participated in the Wisconsin competition are: **Eli Ravin** of 80th Place, son of Claudia and Neil Ravin; **Ben Pittman** of 80th Place, son of Sylvie and Pascal Pittman; and **Pablo McCandless** of 81st Street, son of Veronica and Jeffrey McCandless.

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BETHESDA CO-OP TO REMAIN IN CABIN JOHN



by Heidi Brown Lewis

After investigating a possible move out of the area, the management and board of the Bethesda Food Co-op have decided to stay in their present MacArthur Plaza location.

With this reprieve, the Cabin John community now has a chance to help this wonderful resource thrive, and secure our ability to buy fresh, healthy food in a location walking distance from each of our homes for many years to come.

Acting general manager Helen Atkocius said in a recent interview with The Village News that she believes the best way to ensure survival for the co-op is to become an integral part of the Cabin John community. Currently, only a small portion of us are regularly shopping there, and Helen would like to find ways to encourage more in our community to drop by. "One of the things I have always thought since I've worked here, we need to broaden our appeal - we're a food co-op - not food police," said Helen.

People who haven't visited in a long time may have misperceptions about what the co-op stocks and who can shop there. Today, the co-op offers a wide variety of foods, including:

* organic AND commercial produce
* domestic and imported cheeses
* natural convenience foods like frozen entrees
* bulk foods: grains, beans, flours, dried fruit
* freshly ground spices - hundreds of them!
* juices, cereals, baby food, chips, crackers
* fresh baked breads from 3 local bakeries
* handmade fresh ravioli and other pastas

ANYONE can shop the co-op at any time - you don't have to be a member. Should you choose to join, you will be entitled to a 5% discount on all purchases. You can also earn discounts of up to 15% by volunteering at the store.

Helen suggests "If we had more of our neighbors shopping here every week for at least a few items, we would be able to afford some of the improvements we would love to make to the co-op." Things like new freezer and refrigerator units (the current ones are almost 15

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Wayne Cissel was married in May to **Caitlin Vargas**. Wayne grew up in Cabin John. Waynes' mother, **Tina Cissel** lives on Russell Road. Wayne and Kate live in Vienna, Virginia.

If you like to garden, get in touch with **Bramman Avery** at 301-320-5696 or **Marie Rojas** at 301-320-2514, for information about Cabin John's Garden Club which meets the second Tuesday of each month.



Fifty years ago, Rinehart Publishing Co. put out a series of books called Rivers of America. Frederick Gutheim wrote the book called "The Potomac." He relates that a commission formed to recommend improvements to Washington's area of the river wrote that development of the capital should not stop at the district line, noting: "Indeed, the best of the scenery lies beyond, especially in the neighborhood of Cabin John Creek and in the region just about and below the Great Falls." Thanks to **Eileen Wagner** for locating this old book.

Bob Ward and **Nadja Desantis** were married in April. They live on Woodrow Place in the house that belonged for 40-plus years to Margie Evans and her family. Bob has a commercial recycling company; Nadja manages an Elizabeth Arden salon.

The lockhouse at Lock 10 is once again occupied. **Melissa Severy** and **Michael Gaffney** won the right to live in this historic structure. Melissa reports, "We read in the Post last summer that the lockhouse would be rented. So we came to the open house in July, submitted a proposal outlining our plans for rehabing the house and made the short list of six applicants. After interview with the Park Service we were selected. We started our lease in January and worked on repairs until we moved in in April. We have a 10-year lease. We used our money for fixing up, and that money is credited to our rent." Michael is product manager for a Web development company; Melissa is taking a sabbatical from her telecommunications job to work on the lockhouse.

Kathy and Lee Hunter and their sons Chris and Michael have moved from 78th Street to Frederick. Kathy moved to Cabin John when she was 6; Lee lived here all his life. We have Lee, vice-president of the Volunteer Fire Department, to thank for organizing the Santa Claus fire truck that every year tours our neighborhoods on Christmas Eve, for seeing that the Crab Feast banner is hung across Macarthur, and for bringing the fire truck to hose down the premises after each year's Crab Feast. Kathy has graciously managed the children's activities at the Cabin John Christmas parties for many years. Kathy and Lee were frequent chaperones at the Clara Barton Teen Center parties. Grand-parents Jane and Pete Hunter live on Arden Road.

Liz Clark, recreation assistant and preschool teacher at the Clara Barton Center (and former student when it was still Clara Barton Elementary) has moved to Rockville with her husband, **Ron**, and children **Ronny, Jonathan, and Lorena**. Her dad, **Joe Glenn** has a new place in Sumner Village near Little Falls Mall. Liz's family moved into the house on 75th Pl (which has been torn down) in 1958 when she was 3. The family has documentation indicating it was a Sears Kit House.

Reverend David Cole retired in May after 50 years as pastor of the Glen Echo Baptist Church. Reverend Cole and his wife **Ruby** will be spending some time at Ormond Beach FL where they have a home, but will keep their home on Tomlinson Avenue. The new pastor is **Reverend Gilbert Brown** whose previous church was in Mt. Airy.

Helen Daniel of Tomlinson Avenue, **Reed Martin** of 79th Street, and another stalwart, **Don Anderson** of Potomac, completed 120 miles of the C&O towpath ride from Cumberland on Memorial Weekend. Total drenching and thick mud on the path caused the trio to throw in the towel at Shepherdstown WV, but getting through 2/3 of the planned trip was a noble accomplishment.

The Cabin John Crushers made it to the finals in the Ponce de Leon baseball league. A standing ovation for **Harry Rieckelman, Gene Wright, Rich Kepler,** and **Tom Bick**.

Another participant in the Avon Breast Cancer 3-day walk was **Ann Mannle** of Wishbone Terrace. Ann teaches at the Clara Barton Center for Children.

Eva Stolwein and **Dan Alper** of 78th Street have a new baby daughter, whom they brought from China. Sara Qih Alper will be 1 year old in September.

New resident **Moshe Adler** has moved to Tomlinson Avenue. Moshe works on video documentaries.

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The Captain's Market now has new owners. The **Kim** family has retired, and sold their popular store at the beginning of the year to the **Chungs**. The Chungs live in Loudoun County, so they have a serious commute.

As they have for many summers, the **Davison** family of Woodrow Place is hosting a boy from Ireland. This year's guest is **Ryan O'Kane**, 12, who spent his second evening in the U.S. watching the Monument fireworks. If you have any interest in doing this for future summers, call John or Chris to talk about it.

Veena and Sushal Titus, with son **Sunil**, recently visited here from their home in New Delhi, staying with **Gary and Dorothy Welsh** of 81st Street. Rev. Titus pastored the Cabin John Methodist Church some years back. Their daughter Anna is now married and living in Columbus,Ohio; daughter Angana is at Ohio Wesleyan.

Ashley Manion will be attending Lehigh University in the fall. She was awarded a grant and will be playing women's lacrosse, Division 1, for Lehigh. Ashley has racked up many lacrosse honors in the County. Her parents are **Karen and Tom Manion** of Caraway Street.

Do you have one of the "old" houses in Cabin John, typically a modest house on a large lot? And have you recently received a letter from a land development company promising you big bucks for selling them your property? Your house, of course, would be razed and a large, expensive house built on the lot. It's part of the relentless mansionization that is taking place on nearly every block in our town. Who's next? Stay tuned.

News about your family, neighbors, or former residents is what makes this column. I will be away for the next two issues, but I will appreciate your sending me a note (postcard is fine) with your news, and in the fall we can catch up. Thanks. Barbara Martin.

LOOKING BACKWARD IN CABIN JOHN

By Andrew E. Rice

I'd like to share with you a letter that I received recently from Judy Toth, now of Germantown but, during the 1960s and 70s, an active member of the Cabin John community when she lived on 80th Place. This is what she wrote in response to the "Looking Backward" column in the June Village News:

"A broad smile came to my face as I read your column in the Village News this month. I remember 1975 very,very well . . .all those issues. It was also my first year in the House of Delegates, where I was known as the 'Delegate from Cabin John wherever that is.'

"I do remember the Village News going 'hi-tech.' The paper was started in 1968 or thereabouts. There was no newsletter for the Citizens Association, so we decided to write one, only to make it a town-wide paper. Susan Vogt, Barbara Martin, Diane Leatherman, and Connie Rice were all involved. I got hold of an old mimeograph machine, which we set up in my basement. It was a messy operation and we wasted a lot of paper trying to get a clean copy. Finally, out of desperation and probably out of soap, we found an outside printer to run the paper off monthly for a minimum fee.

"The name of the paper came about when we held a contest, asking the citizens of Cabin John to make suggestions. The Citizens Association then voted on the 'Cabin John Village News.' The name stuck. I wish I still had copies of those old papers. They got lost in the shuffle from officer to officer. Some day they will show

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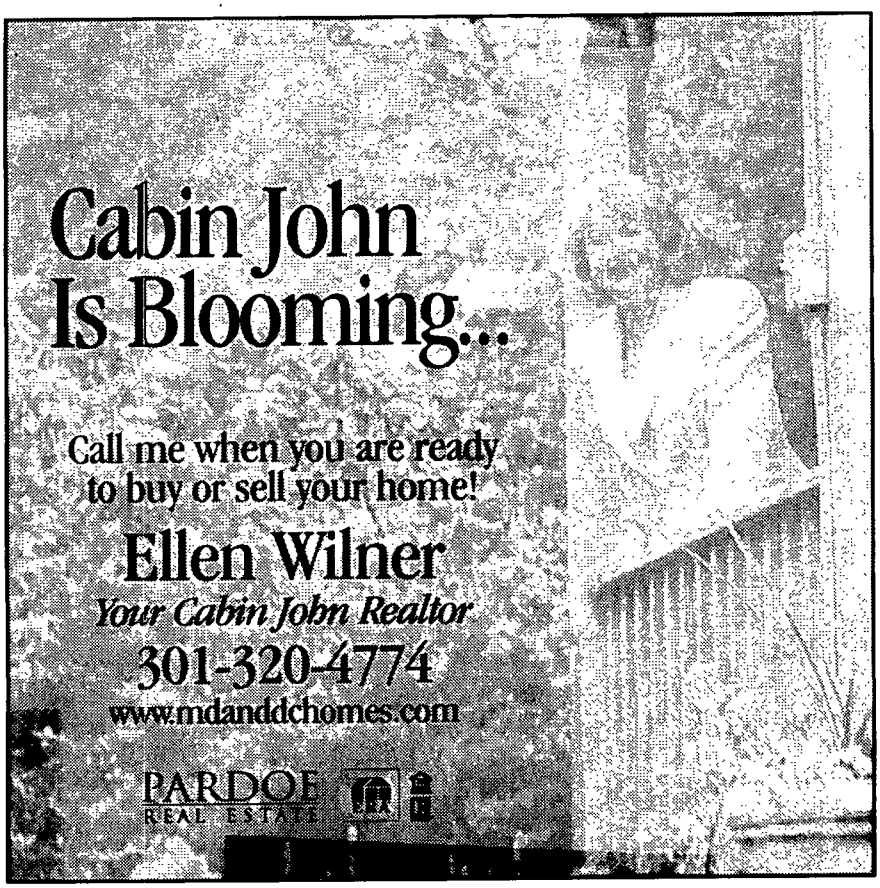


CABIN JOHN CRAB AND CHICKEN FEAST

Save the date - Saturday, Sept. 9

This year the feast is scheduled for Saturday, September 9 from 2p.m. to 6p.m. and we are currently in the planning stages. There are many opportunities to volunteer your time either before the feast day with ticket sales or vegetable prep or on the day of the feast with cooking, serving, set up or clean up. The amount of time needed is flexible and you can volunteer as much or as little time as you have available. This is a really wonderful opportunity to give time to your community and make new friends in the bargain. Our many coordinators should be calling soon but if they miss you and you are interested in helping out please call:

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9:30 Family Bible Study
11:00 Family Worship

Sunday Evening:
6:00 Bible Basics 101
7:00 Testimonies, Praise, Bible questions

Wednesday Evening:
7:00 Testimonies, Praise, Bible questions.

Friday Morning: 10:00
Community Bible Study.

Collecting food and clothing for the homeless and needy.

CJCA May 23, 2000 Meeting Minutes:

1. Following officers elected for 2000-2001: Burr Gray - President, Larry Heflin - Vice President, Bruce Wilmarth - Treasurer, and Gary Barnhard - Secretary.

2. The following resolution was read and approved to honor Lee and Kathy Hunter for their years of service to the community. The Hunters raised a family in Cabin John and are moving to Frederick, MD.

Resolution of the Cabin John Citizens Association

Following a unanimous vote at the May 23, 2000 meeting, the Cabin John Citizens Association wishes to express its appreciation for the many efforts of Lee and Kathy Hunter on behalf of the Association and the Cabin John Community over these many years. The list of activities is lengthy but at the top would be Lee's efforts to obtain tables and chairs for the Crab Feast when that effort involved numerous trips in small pickup trucks to local churches, and his work as a member of the Cabin John Fire Department to help with the annual Crab Feast cleanup and the visits by Santa at the Holiday Party. Kathy's efforts in supervising and helping the children with the "kids' crafts" at many of these events kept many a youngster occupied and happy, which, in turn, made many a parent quite happy as well.

We hope and trust that the move of the Hunter family out of the Cabin John area does not mean any lessening of the ties that bind us all.

Cabin John Citizens Association

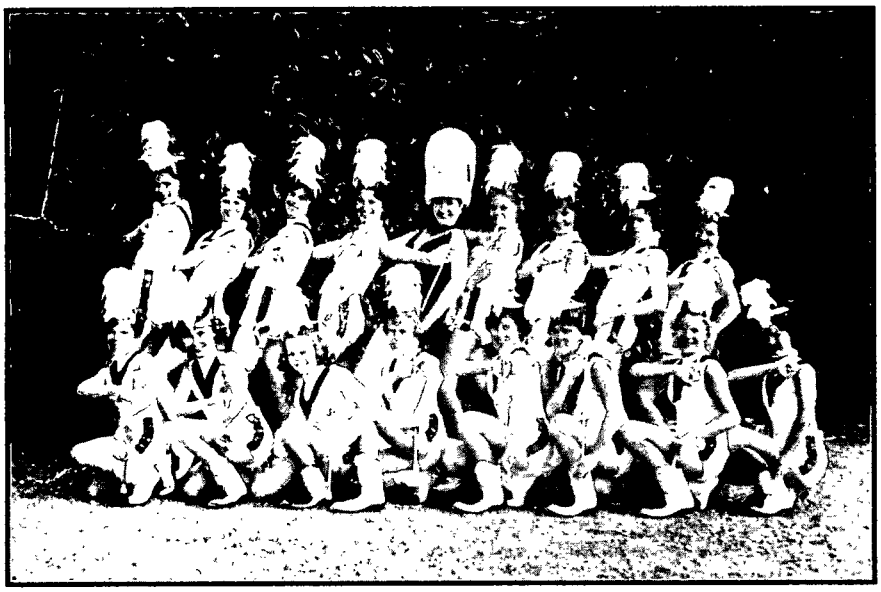
3. Upcoming State Beltway noise/sound wall study in Cabin John. Jim Hade (head of the MD Noise Abatement Team) (410-545-8599) made a presentation on the noise study that is going to be conducted over the next 6 months to determine the necessity and expense of building a sound wall next to the Beltway as it goes through Cabin John. The position of the state is that they will cover up to $40,000/household of the cost, but will ask the County (contact is Bob Simpson (240-777-7200) and the residents who live right next to the Beltway to cover the rest of the cost. Those Cabin John residents affected by the sound wall will have the opportunity to decide whether to participate once the noise study is done. Additionally, the state funding support would not necessarily apply to recently constructed homes. Residents voted to ask the state to proceed with the noise study but to consider a more generous funding scheme when the time comes to determine whether to build a sound wall. Cabin John resident Nina Wiseberg (229-5593) is involved in this issue and helped to alert the state to the need for some protection against Beltway noise in certain parts of Cabin John. The sound barriers in general cut down on the noise only within the first 500 feet from the wall.

2. Creek Cleanup Volunteers - We neglected to list the following volunteers who helped clean up our section of the Cabin John Creek last April. It should also be noted that Potomac Outdoors provided water bottles that were snatched up like hotcakes, as well as power bars and discount coupons to our merry group: Ruth & Cassie & Jessie Rabner, Jenny Johanna, Leela & Harry Rieckelman, Linc & Judy & Andrew & David Brookes, Alex & Larry West, Rick & Tatiana Morelli, Simone Lieban Levine, Corey & Jacob Berk, MaryAnn Robison*, Jordan Sarold*, Ariella Steinhorn*, Alexa Ciesinski, Nicky and Gene Kuehneman, Andrew & Suzanne Sheahan, Katherine Page*, Katie Keefer*, Jessica Sheehan*, Caroline Sherrard*, Peter Boucher, Max Moore & Robin Mee & Cole Moore, Ruthie Lieban Levine & Michele Levine, David Neudorfer, Lucy* & Matt Gamser, and Sade Adebayo* (* = members of Brownie Troop 4008 also), Aidan Fitzgerald & Patrick Fitzgerald & Susan Graham, Jay & Matt & Leah Jennings, Chris & Lou Kallas, Greg Johnson, Tim Won, Carol & Anne & Jeremy & Hal Epstein, and Rachel & Bob Robison, Lindley & Burr Gray, Reed & Barbara Martin, Helen Daniel, Bill & Heidi Bumpers, Jim Gottesman, Dave Silverman, Suzanne Richardson, Hannah & Martha Wilkoff, Melissa Kallas, Larry Heflin, Heidi Brown Lewis & Riley Lewis, Meredith Griggs, Catherine & Bob Kapp, Susan Patrick, Willie Fitzgerald, Maria & Greg & Byrne & Elise Whiteaker, Helga & Jerry Bilik, Peter Vogt & Pam Zilly, Karen Berberat, Roy Seidenstein, Adriaan Carter, Elaine & Mario Tama, Don Mehlman, Phoebe Eliopoulis, Susan Board & Steven Berk, Bramman Avery, Pete Givan, Ray Kemp, and others who might not have signed in.

3. Notice - Olympic Party for Davey Hearn. Potomac Outdoors (7687 MacArthur Blvd.) is hosting a fundraising party on August 4 (a Friday) from 5:00 p.m. - 9:00 p.m. to help send Davey Hearn (a Brookmont resident) to the 2000 Olympics in Australia. Davey qualified for the U.S. Olympic Team in the one-man canoe event which is a slalom whitewater kayaking event to be held on September 17 & 18. The fundraiser will be low key with a contribution requested at the door. Potomac Outdoors will set up a tent offering music, food, beverages, and fun. Also, if you need any outdoor gear, Potomac Outdoors will donate to the cause 5% of any purchases made at the store on August 4. Hope to see you at the party.

For more info on the party or Olympic kayak events, check out http://ccadc.org/bce or contact Jennifer Hearn (301-229-2269).

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Some of the original members. Photo loaned by Margaret Lawrence.

Top row, left to right: Dana Swisher Lupton, Cabin John; Jane Cook Cameron, Belton MO; Virginia Lynch Roark, deceased; Janice Lawrence Donelson, Sterling VA; Charlotte Perdue Wood, Three Churches WV; Christina Evans Roark, Rockville; Myrta Fyock Peyton, Potomac; Susie DeGroat Debaets, Florida; Joann Cox Summey, Wrightsville Beach NC Front row, left to right: Paula Busi Bond, Jefferson MD; Darlene Swisher Arbaugh, Wardensville WV; Linda Morgal Cox, Sterling VA; Debbie Farris Rest, Ocean City MD; Linda Clark, Venice FL; Linda Ludwig Olsen, Rohrersville MD; Faye Kennedy Shivers, Ijamsville MD; Judy Cable Stilwell, Rockville

THE CABIN JOHN MAJORETTES

by Barbara Martin

In the 1950's and '60's, one of the biggest things going in Cabin John was the Volunteer Fire Department. Janice Lawrence's father, Charlie Lawrence, and her uncle, Robert Hannum, both belonged to the Cabin John station. Janice, who was taking private lessons in baton twirling, recruited some friends, they brought in other friends, and in the summer of 1960, the Cabin John majorettes were born.

Janice recalls, "First we had to get the approval of the Fire Board. They liked the idea and agreed to help sponsor the troupe. Mostly we needed money for costumes. So the Board gave us some money, the parents chipped in, and we held fund-raisers." Susan DeGroat's father, Sanford, stepped in as drillmaster, and the girls' first appearance was for the County Firemen's convention, when they marched down Macarthur, from Persimmon Tree Road to the Firehouse. (A few years earlier, Sanford DeGroat had org anized a Civil Defense team of boys. They drilled in white shirts and black pants. Susie DeGroat and Dana Swisher served as banner carriers for the boys' group.)

For the majorettes, mothers Mary Morgal, Dottie Clark, and Margaret Lawrence served as seamstresses. At first the outfits were simple--white shorts and sweatshirts with red felt appliques. "Our first competitive appearance was for the George Washington celebration parade in Alexandria in February 1961, so our mothers sewed red cherries and hatchets on the shirts. We took third place."

The troupe met to practice two nights a week in the Firehall. Numbers grew as the majorettes brought in their sisters, cousins, and neighbors. Girls were between 10 and 17, and of course you had to be a Cabin John resident. From a handful of original members, the troupe grew to a record membership--at one time--of 40 .

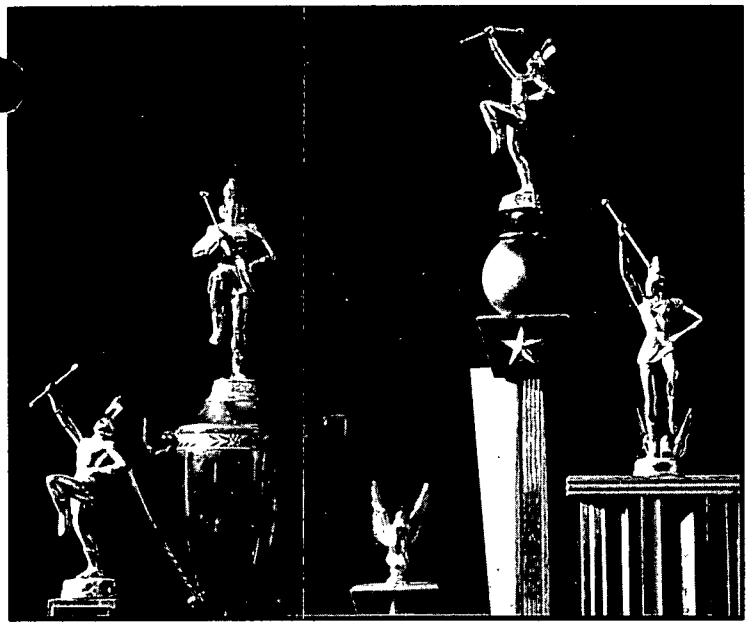
"We were busy. Once people got to know about us and see us perform, we had plenty of invitations. From Memorial Day through Labor Day, we marched just about every other weekend. Then we were in the Bethesda Christmas Parade on Wisconsin Avenue every year, too." The girls were so enthusiastic that they marched through rain and 100degree temperatures. It was not unknown for a girl to pass out from the heat.

Dana Swisher Lupton remembers, "We were county champions. The Brentwood majorettes were considered the top; when we beat them we really felt proud. We had a wonderful time. Being in the majorettes is one of my best childhood memories."

A year after they began, the majorettes acquired a professional teacher, Sharon Keriko of Brentwood. In their years together, the group won more than two dozen trophies and awards. Janice Lawrence placed in the Miss Maryland competition, performing a baton twirling routine. Over the years, several girls served as

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A few of the many trophies won by the Cabin John Majorettes. Photo by Peter Vogt

leader. Besides Janice, there were Diane Lowe, Charlotte Perdue, and Susie DeGroat. Two-year-old Suzanne Thompson (Meyers) was the troupe's mascot. She had a costume like the majorettes and marched at the head of the group.

Brothers and neighbors were pressed into service as banner carriers or drummers. Rocky Cox, Smoky Goss, Brad Lawrence, Charlie and Roger Mason, Buddy Morgal, David Morgal, Gary and Mike Puckett, Billy Row, Jeff Rutherford all did those jobs. Girls "retired" when they got married, went off to college, moved from Cabin John, or hit the upper age limit.

For a couple of years the troupe became inactive, but was reconstituted in 1968. Mothers Jane Hunter, Mary Morgal, Patsy Rutherford, and Jean Puckett kept things going. Dana Swisher and Kathy Milto helped to train the second group. Mary Morgal remembers that this group practiced in her driveway. This second wave of majorettes were active into the early 70's.

In addition to those girls in the photo, some of the other troupe members are listed. To read the roll is to call up many of the long-time Cabin John family names. An interesting sidelight is the large number of majorettes who married each others' brothers and other Cabin John boys. When married names and residences were available, they are included.

Caroline Bissell Mason, Poolesville; Sandy Bly; Debbie Bolton Mason, Poolesville; Sharon Close, Poolesville; Theresa Corbin, Harpers Ferry; Frances Davis; Janet Denell Blosser, Richland NC; Patricia Denell Davis, Burtonsville; Donna Dawson Green, Maryville TN; Donna Evans Lorza, Gaithersburg; Mary Farris Money, N. Potomac; Jackie Fyock Shenk, Rock Hall MD; Marilyn Fyock Bentsey, Cabin John; Judith Gilley Corbin, deceased; Kay Gilley Davis, Warrenton VA; Elizabeth Glenn; Penny Hunter Aubertin, Mt Airy MD; Sherry Kennedy; Sharon Kohlenburg Ulrich, Brookmont; Barbara Long Smith, Barclay MD; Diane Lowe Johnson, Cabin John; Patty Lynch Phillips, deceased; Sandy Marginot, Ashton MD; Sharon Mason Kling, Bethesda; Kathy Milto Hunter, Cabin John; Joann Money Farris, N. Potomac; Penny Money, deceased; Patty Morgal Troxel, Mt Airy; Carla Owens; Lucy Paldakovick; Mary Ann Paldakovick; Nancy Payne Bukovich, Odenton MD; Linda Prather Ricketts, Ijamsville MD; Sandy Prather, Gaithersburg; Theresa Prather, Sharpsburg MD; Cathy Puckett; Mary Puckett; Mandy Rabner Lantz, Leesburg VA; Missy Rabner, Cabin John; Carolyn Reid Boyle, Walkersville MD; Kathy Reid Via, Walkersville MD; Karen Ricketts Benny, Gaithersburg; Mary Ann Rutherford; Susan Rutherford; Eileen Shannon Peyton, Cabin John; Karen Shawen Huges, Clarksburg MD; Rustina Slaton; Donna Starbard; Gail Starbard Cook, Gaithersburg; Linda Starbard; Debora Swisher Ludwig, Wardensville

Note: Information was gathered from several sources, and in some instances, memories of 40 years ago did not always coincide. So the article may have some errors; however, it is as accurate as I could construct it.



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CO-OP STAYS IN CABIN JOHN

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years old). "Fresh Fields calls us almost every year wondering if we want to buy any of their old equipment - they switch them out every 2 - 3 years." With its emphasis on people over profit, the co-op is cheaper by far than Fresh Fields on organic items, and they are also featuring 2 - 3 organic produce items a week that are sale-priced cheaper than their commercially-grown counterparts at Giant.

Other easy ways to help the co-op thrive:

* Use cash or checks rather than credit cards
* walk if you can to save precious parking spaces for shoppers from longer distances
* no time to cook? pick up ready-to-eat Pad Thai, frozen pizzas, heat and eat soups, etc. after work.
* hey - natural doesn't have to mean healthy - stock up on munchies for your next party from the wide selction of chips, dips and salsas, chocolates and cookies.

LOOKING BACK

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up, I am certain. "In this day of e-mail and fancy computer printing, it is difficult to imagine the hours that went into putting out a mimeographed monthly. We didn't even have Xerox machines then. Isn't progress wonderful?"

I wonder if anyone does have early issues of the paper. I have the very first issue, dated April 6, 1967 (courtesy of Allen Alexander), but then there is a big gap until 1970, after which I have a pretty complete file. Incidentally, that first issue -- of which Judy was the editor -- had a lot of news, including the dedication of the Clara Barton School addition on April 2, Cabin John "Operation Clean-up" Day on April 15, and the second meeting of the newly organized Cabin John VFW Post. Another story reported the responses to a questionnaire circulated by the Citizens Association which showed that the principal matters of community concern were: completion of the George Washington Memorial Parkway [now the Clara Barton Parkway] at the District line; improvement of public transportation; increase of police security in Cabin John; periodic trash removal; and beautification of MacArthur Boulevard. There was also an ad for a waitress at Tuohey's Restaurant, and an announcement that the next issue would contain a "Crabbin' John" column where readers could present their gripes.

(Talking about old records, I seem to have mislaid a file of Citizen Association minutes and related papers dating back to the 1920s and 30s. Perhaps I lent it to somebody. If this rings a bell with anybody, please let me know. I'm at 301-229-2503. -- Andy Rice)

CABIN JOHN CITIZENS ASSOCIATION
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4. Help Monitor the Health of Cabin John Creek & Its Tributaries.Time to get out in the woods and help protect your streams!! Friends of Cabin John Creek Watershed is offering free training on how to evaluate the health of local streams through monitoring the diversity of aquatic life. No prior experience is required. Monitoring workshops will be held on two dates - Aug. 19 from 1:00 p.m. - 4:00 p.m. and Sept. 16 from 9:30 a.m.- 12:30 p.m. at the following location: Locust Grove Nature Center (301-299-1990), 7777 Democracy Blvd (going west on Democracy, take right into parking lot for Cabin John Regional Park about halfway between Montgomery Mall and Seven Locks Rd). You only need to attend one session to become qualified for our purposes. This training is supported by a $1000 grant from the Chesapeake Bay Trust (so that's where those license plate fees go), and by personnel from the Montgomery County DEP and the Potomac Conservancy.

If interested, please fill out the short form on our website at www.cabinjohn.org/focjcw/memberform.htm, or contact Roy Seidenstein at 202/260-2252 (w), e-mail roy@intr.net. Please be sure to indicate which workshop you want to attend (Aug 19 or Sept 16) and make sure to provide your name, phone number, e-mail address, street mailing address, and name of local creek. We'll be in touch regarding the training.

Our goal is to have our newly trained stream monitors work with one or two partners to conduct a real life spot sampling (usually takes about 2 hours) on Sept 30th (and once every calendar quarter thereafter) at one of 10 stream locations throughout the Cabin John Watershed. Due to budgetary and staff limitations, Montgomery County currently samples each site on a 5-year rotating basis. The sites are located in the communities of Cabin John, Glen Echo, Bethesda, Potomac and Rockville.

The data will be useful to the County, State of Maryland, and US EPA in evaluating our watershed's needs. Previous studies indicate that the Cabin John Creek and many of its tributaries are degraded by urban development, stormwater runoff, erosion and sedimentation. The Montgomery County Department of Environmental Protection (DEP) is engaged in a watershed restoration project and the results from our sampling/monitoring project will be invaluable in evaluating the success of that effort if done correctly and consistently.

Hope to see you for some "hands on" environmental work!

- Burr Gray

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THE VILLAGE NEWS is published monthly except in July and January and is sent free to every household in Cabin John. Others may subscribe for $5 per year. Send news, ads, letters, and subscriptions to:
The Village News
PO Box 164
Cabin John, MD 20818

The next deadline is 10 AM Thursday August 17th for the issue mailing Aug 24th.

People who make the village news possible: Barbara and Reed Martin, Lorraine Minor, Heidi Brown Lewis.

Regular Contributors: Burr Gray, Andy Rice and Barbara Martin.

Ads - 301-229-3515. Neighborly News - 301-229-3482, Features/news - 301-320-0918.

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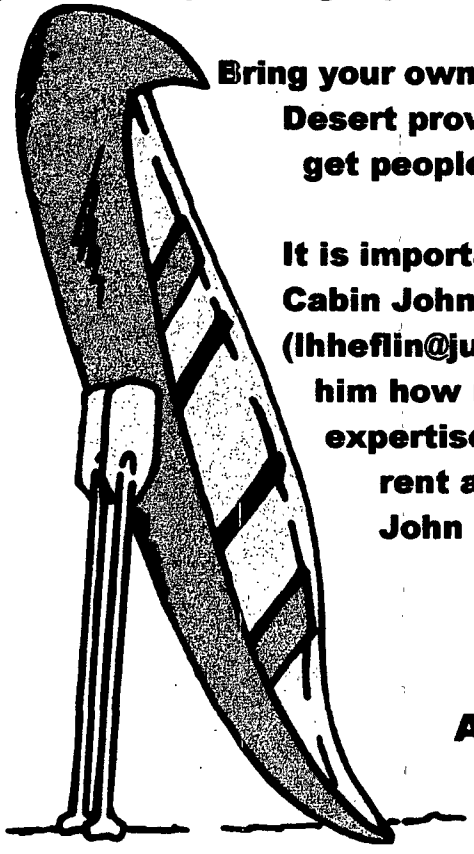
Cabin John Takes to the Water (Again)

2nd Annual Potomac Canoe Trip
Sept. 24 (Sun.) 12:30 - 5:00 p.m.

Canoe Trip down the Potomac from Old Angler's Inn to Cabin John (C&O Canal Lock 8). See lots of herons, ospreys, ducks, maybe an eagle or deer. Have lunch on the river. Sit under a waterfall on the Virginia side in the late afternoon. All whitewater can be bypassed, if desired. Expert guides and instruction to be provided by Potomac Outdoors, Ltd.

Younger children can depart the trip halfway (3:00 p.m.), if tired, at Carderock Recreational Area (off of Clara Barton Parkway across from David Taylor shiptesting center).

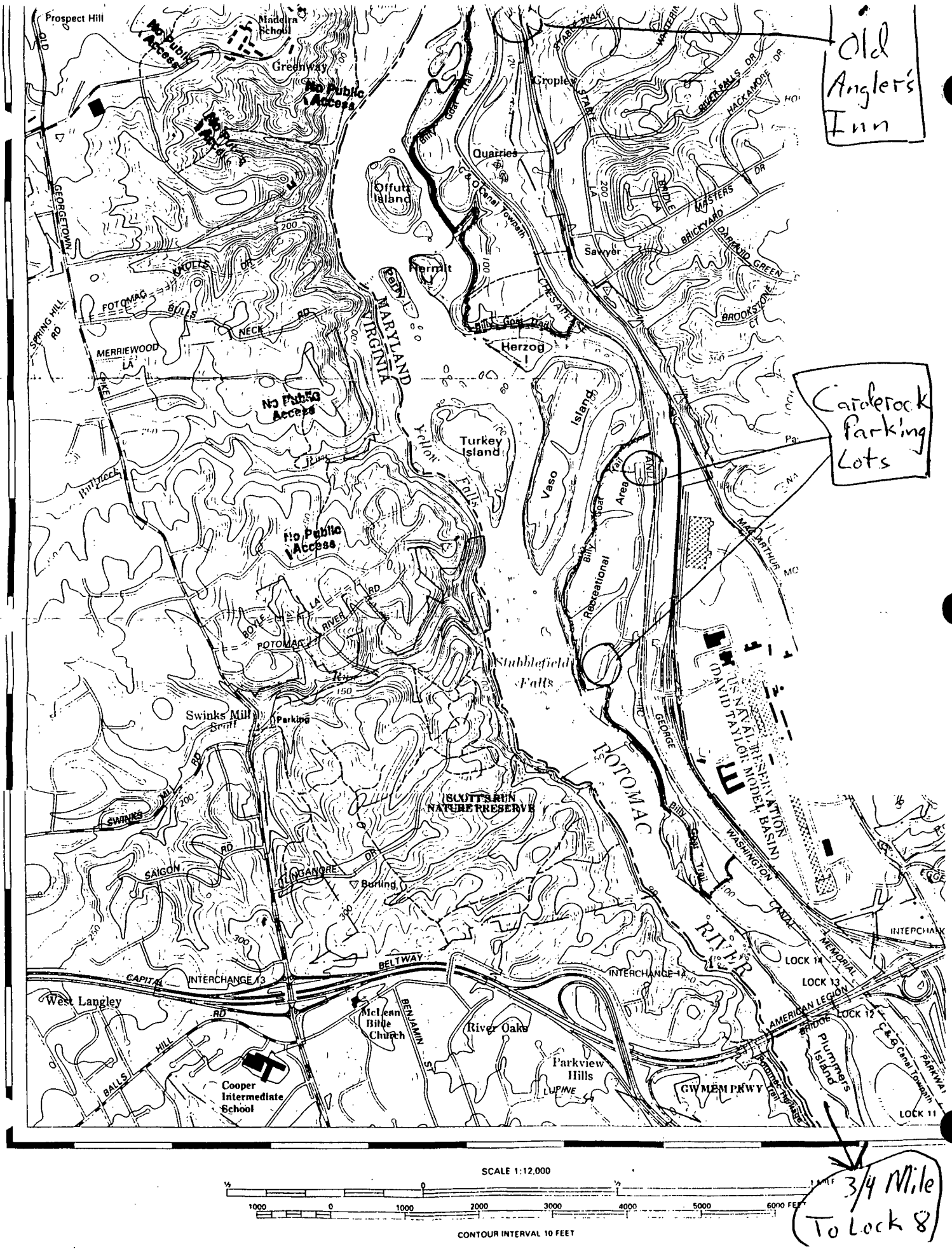
Bring your own canoe or rent one from Potomac Outdoors (301-320-1544) - $20 for a two person canoe (price reduced for this trip), includes life preservers and paddles. Potomac Outdoors will bring the rental canoes to Old Anglers, but you need to stop by the store on Sept. 23rd between 6:00 p.m. - 8:00 p.m. to get paddles and life jackets.



Bring your own lunch/sodas/water/hats/sun tan lotion/rain gear. Desert provided by CJCA. Carpooling will be organized to get people back to their cars at Old Anglers at end.

It is important that you send your RSVP via e-mail (or call) to Cabin John Yacht Club Commodore Larry Heflin (lhheflin@juno.com, 301-229-4674) if you plan to come. Tell him how many canoes, people (ages of kids), and level of expertise. Call Potomac Outdoors today if you need to rent a canoe and tell them to put you on the Cabin John Sept 24th trip list. This was a lot of fun last year!

Sponsored by the
Cabin John Citizens Association
Assisted by Potomac Outdoors, Ltd


Old Angler's Inn
Carderock Parking Lots
3/4 Mile To Lock 8
Prospect Hill
Madeira School
No Public Access
Greenway
Cropley
Quarries
Offutt Island
Hermit
Herzog
Sawyer
Turkey Island
Vaso Island
Yellow Falls
Stubblefield Falls
Swinks Mill
Parking
SCOTTS RUN NATURE PRESERVE
POTOMAC RIVER
U.S. NAVAL RESERVATION (DAVID TAYLOR MODEL BASIN)
West Langley
Cooper Intermediate School
McLean Bible Church
River Oaks
Parkview Hills
Plummers Island
LOCK 14
LOCK 13
LOCK 12
LOCK 11
INTERCHANGE 13
INTERCHANGE 12
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