

THE VILLAGE NEWS

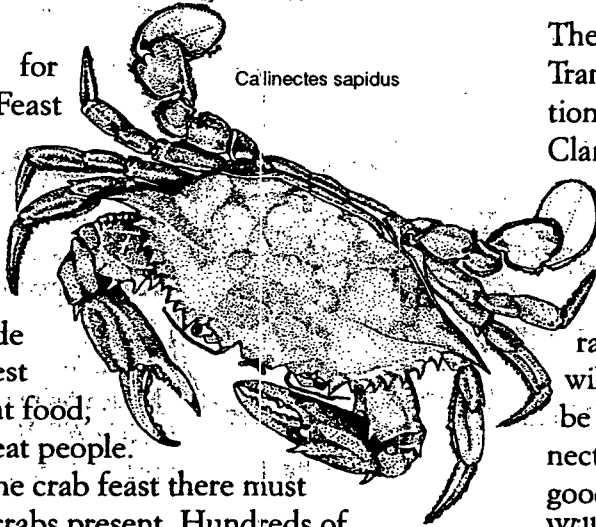
Volume 27 No. 2

Serving the people of Cabin John and beyond

September 1993

COMMUNITY UNITES TO SMITE CRUSTACEANS

Whoever chose Saturday, Sept. 11 for the annual Crab Feast must have a hot-line to the Big Guy. It wasn't just a merely pretty good day. It was a feast made from the very finest ingredients: great food, great weather, great people. Since it's called the crab feast there must have been some crabs present. Hundreds of people with very messy hands were seen occupied with little wooden mallets. Others among us who prefer to not mix eating with manual labor appreciated the succulent chicken artfully grilled, and the home-cooked vegetable dishes. There were lots of kids. They ran around having more fun than any adults are capable of. The Crab Feast opened with a parade of kids on decorated bikes, trikes, and wagons who toddled and careened along MacArthur Boulevard from 79th Street down to the Clara Barton Center. Judging the parade fleet and awarding prizes to outstanding entries turned out to be the most difficult job of the day. The award for the Most Outstanding Thing about the day goes to (the envelope please): Cabin John's community spirit. The Crab Feast is a home-grown perennial event that makes money for community interests like Cabin John kids' day-care, library events, the volunteer fire department, and The Village News. Scores of people give their time (and lots of it) to make it happen. Diane Leatherman organized this year's Crab Feast. Her article on appears on page 2.



Calinectes sapidus

County Department of Transportation recommends stoplight at parkway entrance

The Montgomery County Department of Transportation has responded to the terrible situation on MacArthur Boulevard at the entrance to Clara Barton Parkway with several recommendations they think will make things a little better. The main feature of their plan is a traffic light synchronized with the light at the Union Arch. The light would stop traffic on the Parkway ramp before Ericsson Road. Right turns on red will not be permitted. Pedestrian crosswalks will be painted and a sidewalk will be installed connecting the crosswalk to 75th Street. This looks like good news for Cabin John Gardens. Will it really happen and when? So far the county has been very generous with it's promises. The plan is now awaiting action by the Road Maintenance department.

It's that time again

One of the cycles of nature witnessed each year at this time in Cabin John is the return of the fuming commuter. During our traffic count last May we learned a lot about the habits of this alien species. We compiled our observations along with some suggestions and gave them to the county traffic planners. One strange thing is that they look a lot like us. In fact, people living on Wilson Lane, Goldsboro, on Seven Locks beyond the beltway, and down MacArthur beyond the Union Arch Bridge, can't distinguish us from the other commuters. Some of our ideas about the commuting pattern were disproven by the survey:

TURN TO PAGE 3

Citizens Association meets Tuesday, September 28
at the Clara Barton Center 7:30-9:30
Meeting Agenda on Page 3

But I've still got Old Bay on my fingers from last year...

As they left the 1993 Cabin John Crab feast, 2 visitors from Potomac who read about the event in the Almanac suggested that we make this an annual event! Little did we know what we were starting back in 1970 when several of us conceived it in Bill White's home.

As 1993 Chairman, I would like especially to thank those folks who were washing dishes and cleaning up at nightfall. That's the part that doesn't show and for which I felt so grateful.

The persons who took on coordinating major segments of the production and lightened the overall burden are:

CHERRY DOYLE
 MANDY MITCHELL
 ANDY RICE
 CLAIRE AND PHIL AMORUSO
 LEE HUNTER
 STEVE GURWITZ
 JAN SMITH AND STAN SCHAPER
 CATHY SIEFKEN
 JOE HUGO

Thanks to BOB EPSTEIN for making and selling popcorn with his carnival machine; to DAVE MURPHY for his homemade lemonade in the sun (again) and to FRANK CASAMENTO for his grilled hotdogs.

And many thanks for everybody who loaned their BIG pans, food processors or sold tickets, beverages, and the great new t-shirt with historical pictures of the Union Arch and the Cabin John Hotel (you can probably still get one from Mandy Mitchell or at the first Citizens meetings.)

Thanks to the 3 and 4 year old school parents for the bake sale.

It was a nice way to get to know our new Center Director, Mary McConnell. I hope she thought so too.

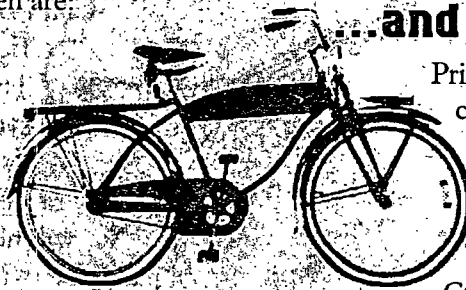
FOR NEXT YEAR...we need more roadside signs. It would be a great creative way to spend some fall or winter hours. If you would be willing to make a sign or signs, please give me a call.

—DIANE LEATHERMAN, 229-7412.

Special Thanks to sponsors of the Crab Feast:

ELANOR BALABAN
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...and the winner is...



Prizes for the best decorated bicycles in the Crab Feast Parade were awarded to:

Blythe Leatherman
 Chris Weber
 Jessica Saling
 CONGRATULATIONS and
 thanks to everybody who participated



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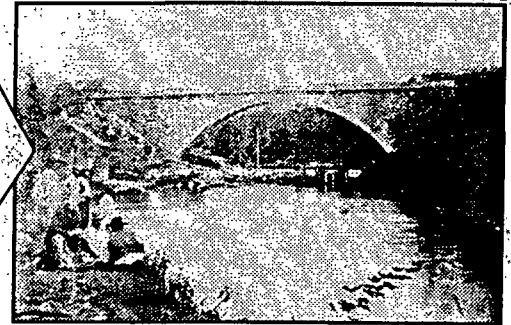
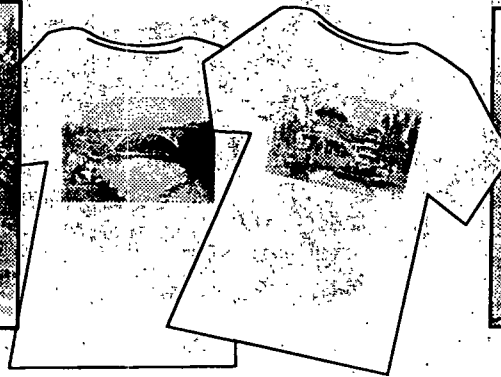
Eleanor Balaban
 229-7990

Preliminary figures for the Crab Feast are:

Total Receipts	\$4,816.00
Total expenses	\$2,642.61
Net income	\$2,173.89
Which brings the current balance of the Citizens Association account to \$6,243.85.	

T-shirts imprinted with historic photos of Cabin John are still available

T-shirts are available for \$10 each from Mandy Mitchell 229-6973



FROM THE CJCA PRESIDENTS

Citizens Association Meeting

September 28, 1993 7:30-9:30
Clara Barton Center

The first meeting of the Cabin John Citizens Association since summer will take place this month. We hope to use this meeting to establish priorities for the coming year. Items on the agenda for September are:

- Report on the Crab Feast
- Introduction of the new director of Clara Barton Center, Ms. Mary McConnell
- Discussion of ways to publicize the intolerable morning traffic
- Trash and recycling - Do we still need two trash pick-ups a week?

Thanks to Diane Leatherman and all of the people who helped make the Crab Feast a great success. This annual event is only a success because everyone helps out in whatever way they can

Echo and dispersing towards N.W. Washington. During morning rush hours three-fourths of the cars exiting the Clara Barton Parkway, and half of the cars crossing the Union Arch Bridge are from Virginia.

The police won't do anything. False. Police have been operating radar on Seven Locks, Tomlinson, and Arden Road since last Spring. Some of us learned this the hard way. They have been ticketing illegal left turns onto Tomlinson (25 illegal turns per hour observed in the traffic count). They cut through the bureaucracy and got speed limit signs posted on Tomlinson and Arden. Officer David Falcinelli in particular has been diligent at nailing speeders in our community. If you call them, they will come. 657-0125

TRAFFIC SURVEY from page 1

It's those Avenel people who are causing this mess. Not quite. Over half of the eastbound morning traffic on MacArthur comes from Persimmon Tree Road, but of those cars, less than 30% are from Avenel. Most are coming from Potomac, presumably to avoid two-lane River Road. Traffic planners advocate widening River Road to four lanes, but politics and influential money keep it "quaint". This is a political issue we should be screaming about.

It's those Virginians travelling the back route into Bethesda. Half right. It's Virginians, but they aren't turning up Wilson Lane. They're going through Glen



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FROM THE WILD BIRD CENTER

Bald Eagles to Visit Wild Bird Center

Saturday, October 23, 1993
11 a.m. until 4 p.m.

The National Foundation to Protect America's Eagles will be attending The Wild Bird Center's eighth birthday party on October 23, 1993. Al Cecere, president of the Foundation, will be bringing along two live Bald Eagles and a Peregrine Falcon, so everyone will have a chance to see these magnificent birds up close, take pictures, and ask questions.

The Foundation is a non-profit organization dedicated to educating people about the plight of our treasured national bird, now listed as endangered. The group has traveled all over the United States with their rehabilitated birds, giving children and adults their first close-up view of these beautiful creatures.

When the American Bald Eagle was first declared our national symbol in 1789, there were about 25,000 active nests in the lower 48 states. By 1963 this number had declined to fewer than 500 active nests, largely due to habitat destruction, pesticide use, and hunting. When the Endangered Species Act was passed in 1973 and the use of hazardous chemicals, like DDT, was outlawed, the Bald Eagle was in danger of extinction. Today there are about 3000 active nests in the United States.

Children's Bald Eagle drawing contest. Each child that brings in a Bald Eagle drawing will receive a free sticker. There will be two Grand Prize winners who will receive a bird feeder and pole for their back yard. After the party we will choose the winners from two age groups, three to six, and seven to twelve.

Cabin John United Methodist Church

Sunday school for all ages 9:45
Worship 11:00 (child care available)
Youth Fellowship (grades 5-12) 6:30
Food received for the hungry
7703 MacArthur Boulevard

FROM CABIN JOHN UNITED METHODIST CHURCH



Bring your pets to church

Everyone is invited to Cabin John United Methodist Church (MacArthur Blvd. at 77th St.) for a special Blessing of the Animals ceremony on Sun., Oct. 3, at 2:00 in the outside worship courtyard. Join us on the eve of St. Francis of Assisi Day to celebrate God's wonderful gifts of our pets and the other animals of creation.

FALL RUMMAGE SALE

We will have our Fall Rummage Sale on Fri., Oct. 29 (10-7) and Sat., Oct. 30 (10-4). A portion of the proceeds will go to help the needy. Donations are received on Wednesdays, and for further information you may contact LaVeta Fyock at 229-8233.

Other activities include a Community Hymn Sing on Tues., Oct. 12, at 7:30 and participation in the Children's Defense Fund's National Children's Sabbath with a special service on Sun., Oct. 24, at 11:00.

Everyone is welcome at all of these events.

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Green stuff in the canal

You may have wondered why there has been so much algae on parts of the canal and no water in other parts. It's because water flow has been blocked by the National Park Service so that they could make major repairs at milepost 11.1 (Cabin John is at about milepost 8).

The towpath was washed out during the floods in March and April. This has been a recurring problem over the years. Seepage from three separate springs and the resulting erosion have contributed to the problem.

The new permanent repair will involve installing "gabion baskets" which are filled with rocks and surrounded by piping so that water can seep through them without eroding the adjacent soil.

According to the Park Service the repairs should be complete by the end of September.



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Repairing a homeless shelter environment.

Cleaning your park, stream, or schoolyard

Collecting canned goods for the hungry

There are lots of choices. Register your own project or the Montgomery County Community Service Partnership will organize one for you.

You can raise funds to ensure the continuation of Community Service Day by soliciting pledges from your friends and neighbors for each hour you volunteer on the Day.

Saturday, October 23, 1993 RAIN OR SHINE Kick-Off Rally 8:30-9:30 A.M. then off to work on projects!

Kick-off Rally meets at: 101 Monroe Street, Rockville, Executive Office Building Cafeteria. Information-217-4960

VOLUNTEER OPPORTUNITIES

Suburban hospital has opportunities for volunteers in a wide range of areas. Volunteers may work directly with patients or in office, public information or other areas of the hospital. For more information about volunteering at Suburban, call (301) 530-3092.

Tips on Attracting and Keeping Hummingbirds



Send self-addressed, stamped envelope and \$1 for the latest information on eliminating ants, bees, and other summer hummer problems.

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LICENSED CLINICAL SOCIAL WORKER in the Cabin John area: Ellen Eule, L.C.S.W., B.C.D. Practice includes children, adolescents, adults, couples. Please call 320-0032.

MARY KAY INVENTORY REDUCTION SALE - All in-stock glamour items 50% off. Incl. face, nail, sun, men's and hair care products. Nice gifts available. Call Dorothy at 229-3351.

HELP WANTED - Lunchroom/Playground aides: 1-1 1/2 hours daily - \$8.66 per hour begins September 1, 1993. Please call Carderock Springs Elementary School, 469-1034.

YOGA IN YOUR NEIGHBORHOOD At AMAR STUDIO we like to help you take charge of your own well-being. We offer different classes with different emphasis. NEW is a class designed to help individuals suffering from hypertension due to excessive stress. Emphasis will be on specific breathing, deep systematic relaxation and concentration (a preparatory step for meditation). Time: Wednesday evening 7-8 PM. Take 4-6 sessions. Start: October 6th. It will be on-going through December 8th. Optional, but highly recommended will be 20 minutes deep systematic relaxation Monday evening and Friday evening at 6 PM. ALSO NEW: Hatha Yoga emphasizing the meridians (Points of entry flow throughout the body). Teacher: Jo Alexander. By appointment: therapeutic massage, a multimethod relaxation technique. AMAR STUDIO is an affiliate of the Himalayan Institute of Yoga Science and Philosophy. Director Ilean DeGeyndt is a certified and current member of the Himalayan Institute Yoga Teachers Association, with 22 years of teaching experience. 6504 80th Street, Cabin John MD 20818. For more information please call 320-2065.

The Village News is published monthly except in July and December and is sent free to every household in Cabin John. Others may subscribe for \$5 per year. Please send news, ads, letters, and subscriptions to:

The Village News
P.O. Box 164
Cabin John, MD 20818

The next deadline is 10 am
Saturday, Oct 16, 1993

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