

# THE VILLAGE NEWS

Volume 23, Number 6

SERVING THE PEOPLE OF CABIN JOHN AND BEYOND

February 1990

## BETHESDA YOUTH SERVICES COME TO CABIN JOHN

Bethesda Youth Services officially moved into the Clara Barton building on February 7. BYS is a community service program of the Bethesda-Chevy Chase YMCA that provides an array of services to adolescents (ages 10 to 19) and their families.

Staffed by 9 full-time professionals and other part-time and volunteer staff, BYS offers an outdoor adventure program (Horizons), tutoring, parent education, suicide prevention services, family enrichment programs, and family, group, and individual counseling. All of these services are provided free to residents in this area.

BYS will be carrying on its programs both at the Clara Barton center and at its original location at 4700 Norwood Drive in Bethesda. Full information is available at Clara Barton, 229-1347.

The organization is currently seeking to hire a part-time administrative assistant (call Debbie at the above number for details) and is also looking for adult volunteers to do tutoring one or two hours a week (call Jeanie at 652-2820 for details).

## IMPORTANT CITIZENS MEETING TO BE HELD ON FEBRUARY 27

Two significant items are on the agenda for the next Cabin John Citizens Association meeting, to be held on Tuesday, February 27, in the newly renovated Clara Barton school building. Because full discussion is needed on each, the meeting will start at 7:30 p.m., rather than the usual 8 p.m. The two items are described elsewhere in this issue--one is how the community wants Clara Barton used for recreational purposes, the other is the community's view on the proposal to construct another building near MacArthur Square.

## COUNTY SEEKS COMMUNITY INPUT ON RECREATIONAL USES FOR RENOVATED CLARA BARTON

Montgomery County officials are eager to receive input from the Cabin John community as to how the Clara Barton building can best serve the residents of Cabin John and surrounding communities. Phase I of the building's renovation has been completed and parts of the old school are filled by the Clara Barton Center for Children and Bethesda Youth Services.

But much space remains to be developed. What kinds of uses should be made of it? What sorts of programs should be carried on? What kinds of equipment bought?

At a community "brainstorming" session held on February 6, many ideas were put forward. There seemed to be a unanimous desire for diverse programming for a variety of age groups at different times of day. The need for on-site personnel to oversee the building's use was also stressed.

Representatives of the County will be present at the Citizens Association meeting on February 27 to hear our ideas. If you just can't make the meeting, but have something to propose, call Kate Grinberg at 229-9611 or Dave Murphy at 229-5794.

Here are some ideas already put forward:

- Teen programs ("latchkey" programs and study places for after school, teen canteen, sports, etc.)
- Adult programs (classes, crafts, exercise, etc.)
- Senior programs (hot meals, assistance, etc.)
- Health programs (blood pressure screening, etc.)
- Club activities (garden clubs, etc.)
- Social events, both community (dances, etc.) and private (birthdays, receptions, etc.)
- Hobbies (woodworking, bicycle repair, etc.)
- Special programs during the summer
- Nursery age activities
- A Cabin John heritage room



**KNOCK, KNOCK! WHO'S THERE?**

Starting March 2, a canvassing volunteer will be knocking on the door of every house in Cabin John. They will be collecting information for the 1990 edition of the Cabin John Telephone Directory.

The Directory, an every-four-years publication, is produced by the Citizens Association and is available free to every Cabin John resident. Each family listing will include all family names, address, and phone number.

In addition, you may sign up for a free listing in the "Skills and Services" section. Display advertising at reasonable rates is also available for area businesses and professionals.

The canvasser will also invite you to pay your current year's dues in the Citizens Association, if you haven't already done so, and to make a voluntary contribution in support of the Village News which is sent ten times a year free of charge to all Cabin Johners.

Volunteers are still needed to work on this project, so if you can give a few hours, or if you want advertising information, call Ger Quinn at 229-8030.

**UP AND DOWN  
MacARTHUR BOULEVARD.....**

\* New members are needed for the Cabin John/Glen Echo/Bannockburn babysitting co-op. No money changes hands, since members sit for each other's children. Details are available from Carolyn Reines-Graubard, 229-9387.

**WHAT'S GOING ON  
IN CABIN JOHN.....**

\* Tuesday, March 13, is the date for the next of the popular Hymn Sings held at the Cabin John United Methodist Church, 77th and MacArthur. Singing starts at 7:30 p.m. and all are welcome.

\* Children five and up are invited to bring a hammer and join in making birdhouses at the all-day "Bird-housing Boom" to be held at the Cabin John Wild Bird Center on MacArthur Boulevard at 77th Street on Sunday, March 11. Three kinds of birdhouses will be available, at \$9 each. To reserve one or more, call 229-3141...The Wild Bird Center also announces that its well-attended Saturday morning two-hour bird walks will begin at 8 a.m., rather than 9 a.m., effective March 3.

**NEW BUILDING  
AT MacARTHUR SQUARE?**

The owners of the MacArthur Square Shopping Center have a proposal pending before the County Zoning Board of Appeals--with a hearing coming up on March 7--to build a new building along Seven Locks Road where the dumpsters are currently located. It would be a 2-story building, retail on the lower level, offices above.

Michael Garrett, one of the owners, will be present at the Citizens Association meeting on February 27 to discuss the plans and answer questions, Taffy Kingscott, Association president, urges citizens to come to formulate Cabin John's views on the proposal.

**RIDE-ON BUS HAS SCHEDULE CHANGES**

Minor changes in the schedule of Ride-On Bus #32, which passes through Cabin John, running between the Bethesda Metro station and the David Taylor Model Basin, took effect on January 7. The new schedule is:

**MONDAY - FRIDAY**

**TO BETHESDA  
METRO STATION**

**TO NAVAL RESEARCH &  
DEVELOPMENT CENTER**

# Peak hour fare in effect

MacArthur Blvd and Vendome Drive	MacArthur Blvd and Persimmon Tree Road	Wilson Lane and Whittier Boulevard	Bethesda Metro Station	Bethesda Metro Station	Wilson Lane and Whittier Boulevard	MacArthur Blvd and Persimmon Tree Road	MacArthur Blvd and Vendome Drive
#6:38	#6:40	#6:48	#6:56	#6:40	#6:45	#6:54	--
#7:09	#7:12	#7:20	#7:28	#7:10	#7:17	#7:26	--
#7:40	#7:43	#7:52	#8:01	#7:31	#7:38	#7:49	--
#8:03	#8:06	#8:15	#8:24	#8:04	#8:11	#8:22	--
#8:35	#8:38	#8:46	#8:55	#8:34	#8:41	#8:51	--
#9:09	#9:11	#9:18	#9:26	#9:04	#9:10	#9:18	--
#3:19	#3:21	#3:28	#3:36	#3:50	#3:56	#4:04	#4:06
#3:49	#3:51	#3:58	#4:06	#4:20	#4:27	#4:35	#4:37
#4:19	#4:21	#4:28	#4:36	#4:50	#4:57	#5:05	#5:07
#4:49	#4:51	#4:58	#5:06	#5:20	#5:28	#5:38	#5:40
#5:19	#5:21	#5:28	#5:36	#5:47	#5:55	#6:05	#6:07
#5:50	#5:52	#5:59	#6:07	#6:10	#6:18	#6:27	#6:29
#6:13	#6:15	#6:22	6:30	6:33	6:39	6:48	6:50
6:33	6:35	6:42	6:50	6:56	7:02	7:10	7:12
6:53	6:55	7:02	7:09	7:23	7:29	7:37	7:39

The People of Cabin John

By Barbara Martin

TO THE PACIFIC ON A BIKE

If you ask 16-year-old Jason Tama how he spent his summer vacation, you'll hear quite a story. Jason and nine other Boy Scouts from Troop 240 cycled across three-quarters of the continent and took 2 months doing it.

"Our troop became interested in bicycling a few years ago when Mr. Brandt became an Assistant Scoutmaster. He's part owner of some bicycle shops and encouraged us in the sport," Jason explains.

In June of 1988, many of the boys cycled from Bethesda, through the Skyline Drive and the Shenandoahs, to the National Scout Camp in Goshen, Virginia—a 200-mile trip. After that their sights were set on an extended bicycle expedition.

They planned to follow the Bikecentennial Trail—established in the bicentennial year, 1976—a route that passes up interstates for the quiet, 2-lane roads of greater safety and beauty. The boys had to decide whether to ride the entire 4,100 miles from Yorktowne, Virginia, to the Oregon coast (a feat that would require constant pushing each day to the maximum effort), or to start somewhere along the route and allow rest periods for exploring, swimming, and seeing the country at less than a whiz-through pace. They chose the second alternative and decided to leave from Farmington, Missouri (near St. Louis) and thus reduce their mileage to "only" 3,000+.

The 10 boys would ride together for the seven-state journey, and Mr. Brandt would ride with them. They would be accompanied by a support van, to carry their tents, sleeping bags, bicycle repair materials, and food.

By their best calculations, the boys figured they would need \$1,100 each to finance their trip—for airfare, food, van rental and gas, and bike maintenance equipment. One fund raiser, an art auction, brought in \$2,500, and hotdog sales at Montgomery Mall and leaf-raking jobs further swelled the coffers. The balance was supplied by the individual boys and their families.

The Scouts and Mr. Brandt left National Airport on June 23, rendezvousing in St. Louis with the van and the first of the parents who would be driving it. The boys' parents (including one mother) took turns driving the van, meeting the group at each agreed-upon stopping place. The leaving and arriving parent-drivers met at airport towns to pass on the keys. The first of the relay drivers drove the van from Maryland to Missouri, loaded with 11 bikes and a ton of equipment.

Farmington is at the very easternmost border of Missouri, and from there the crew set off on June 25. "Across Missouri and Kansas, through the plains, we were getting our legs in shape for what was to come later. It was hot; one day in Kansas it was 100 in the shade and we weren't very often in the shade. In western Idaho we had a week of near-100 temperatures and it was dry country, too."

"We got an early start every morning. We were always up between 6 and 7. Breakfast was cold cereal because it was the easiest. And because we covered a lot of distance by riding through the cooler part of the day we rewarded ourselves by swimming every time we found a river or a public pool." Asked if the boys kept their swim trunks with them, Jason said, "We just swam in what we had on. It was hot enough that our clothes dried quickly."

Originally they had planned to buy food every 4 or 5 days, but they found the van couldn't spare space for that large a supply of groceries. When you consider the gear--camp, bicycle, and personal--for 12 people, you can see why the grocery routine developed into a daily shopping trip, with milk and juice kept in the cooler--their only refrigeration.

Experienced campers all, the boys set up their tents and cooked their dinners every night. "We had spaghetti a lot, and macaroni and cheese. About 10 times we ate in a restaurant and that was a real treat, but we couldn't afford to do it very often."

In western Colorado the boys met the Rockies and stayed in them until they reached Oregon. "There were some big hills out there," says Jason. "The hardest one was an 8-mile, steep hill near Virginia City, Montana. It got cold in the mountains, especially at night. In Colorado we camped at 10,500 feet and it was below freezing. The next day we reached Hoosier Pass which is 11,542 feet."

They traveled up and down the Rocky Mountains through Wyoming, Montana, and Idaho--the real West--and spent 5 days in Yellowstone, getting in a good chunk of sightseeing and swimming. Since the trip had been deliberately planned to allow for stops and sidetrips to enjoy the country, some days were not devoted to covering distance. "On our longest day we rode 112 miles; our average distance was over 60."

The Bikecentennial Trail goes into some remote areas. Pueblo, Colorado, was the biggest city they went through. Jason's favorite stretch was in northern Idaho, in the pine forests of the Lochsa River Valley. "The wilderness areas are beautiful, and the campgrounds in the national forests are great."

In Idaho they went whitewater rafting in the Salmon River, then rode into Oregon where for one whole day they cycled through a lava field, near McKenzie Pass in the Cascade Mountains. They were on the last leg of the trip, nearing their final destination--Astoria, on the boundary of Washington state, where the Columbia River empties into the Pacific Ocean. It was August 28; they had been on the road for 2 months.

The group stayed in city, state, and national campgrounds, some with hot showers, some without. Only one campground had no water and they were able to carry it from nearby. "All the places we stayed were quiet and natural. Except for the one night when we couldn't find anything except RV World--crowded and noisy. It reminded us how good all the other camps were."

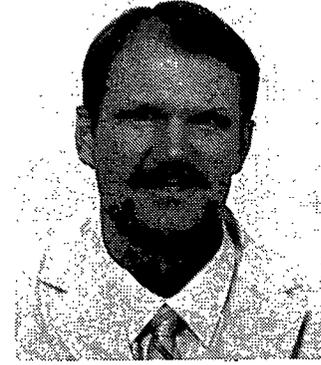
Although camping was the order of the day (or night) there were two over-nights in American Youth Hostels and one in the backyard of the Dragon Lady. The Dragon Lady (so called because of the large wooden dragon in her front yard) is well known to cyclists along the Trail for her hospitality. She lets cyclists sleep in her backyard and use her bathroom and shower.

"So many people were friendly to us," Jason recalls. "When it was 100 in Kansas, a man offered to let us all take showers. And farther along, another man offered to let us swim in his pool. Lots of people who live along the Trail take cyclists in for a meal, but usually a group is two or three, and there were 12 of us, so we really couldn't expect people to feed us on no notice."

A long bike trip is called a tour, and those who make it are called cyclists, not bikers. "Bikers" is associated with motorcycle riders and can conjure up a picture of a booted, leather-jacketed guy with chains across his chest and



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I have lived in Cabin John for most of the last 20 years. Those of you who don't know me personally may know my father Ed Clark, my mother and step-father Barbara and Reed Martin, my brothers Mat and Andy Clark, or my sister Holy Kaur.

Our office is located in Olde Towne Gaithersburg on East Diamond Avenue, half a block east of Summit Avenue, next to the (other) Wild Bird Center. We are on the ground floor of an historic house which has been completely renovated, and which we have remodeled to accommodate a chiropractic office.

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Pediatric care is both a specialty and special love of mine. Children often respond dramatically to chiropractic care. I hope you will consider bringing your children in for a chiropractic checkup, just as you take them for dental checkups. Any falls or physical traumas they have experienced would be important reasons to have them evaluated.

We offer both early morning and evening hours, to accommodate any scheduling needs you may have. I look forward to seeing you, and to meeting your health care needs.

Yours for better health,

*Steven E. Clark, D.C.*

Dr. Steven E. Clark, Chiropractor

a toothpick stuck in a face that hasn't been shaved for several days. This picture bears no resemblance to the people who enjoy bicycle tours, generally a healthy, wholesome lot.

Jason Tama and his nine companions ranged in age from 13 to 17. All active Scouts, they had known each other, played together, worked together, camped together. Why did they want to make this trip, this major effort of planning and physical discipline? "For the adventure," Jason explains. "To see a very different part of the country. I was one of the few who had ever been west. To meet people from those seven states, and to do something new and big."

There were mishaps along the way—one major and several minor. "Occasionally somebody would get sick and would ride in the van for a day or so. And we all got flat tires. I had three, both in the last 2 weeks. One boy had 18 flats and we never could figure out what was wrong. We each carried an extra tube with us as a spare; we did our patching in camp at night. Among us, we had a total of 60 flats."

"Everybody fell at least once, but there were no high-speed wipeouts. You thought about that sometimes. Coming down a hill in the Ozark Mountains, I was doing 51 mph."

Then in the last week of the trip, when they were crossing a drawbridge in fog and rain, one boy crashed and broke his arm. He had to be hospitalized and the group waited 2 days until his father could fly out from Maryland.

Still they reached their goal in the time they had planned. In all, they rode 3,200 miles. The Bikecentennial Trail is 3,075 miles from Farmington, Missouri, to Astoria, Oregon on the Pacific Coast; the extra 125 miles were for some sidetrips along the way. From Astoria they flew back to Washington. A father and grandfather, the last of the relay drivers, drove the van cross-country back to Maryland.

Weren't they sort of jumping off into space by embarking on such an ambitious trip and wasn't Jason, as the leader, a bit anxious about it? "No, I felt that we were well prepared. We planned for more than 2 years. We heard talks from experienced cyclists, and Mr. Brandt had done a lot of touring. We went over the maps that the Bikecentennial people sent and marked out what we wanted to cover in 5-day segments. As far as camping, we've all been Scouts a long time; that wasn't different. Besides our riding to Goshen, Virginia, in the summer of 1988, we had done a 1-week tour in April around the Eastern Shore of the Chesapeake Bay, so we had a taste of what it would be like and felt we had the strength and skill we would need. And we had the van to carry our heavy gear and supplies, and to rescue us if necessary. There were always two adults, Mr. Brandt and whichever parent was driving the van that week. Although we kept a pretty steady pace, we didn't feel pressured because we stopped for things we wanted to do and see; our goal was to enjoy the trip, not just get there. So I felt pretty relaxed and confident; I think we all did."

Jason Tama has been in Scouting since he was 9, starting as a Cub, and a member of Troop 240 for 5 years. Jason is Senior Patrol Leader and has held that elected position since he was 13. His dad, Mario, is a former Scoutmaster for the troop and is currently its Assistant Scoutmaster. Along with the other parents, Mario took a turn as van driver on the trip.

Would Jason do it again? "I would, sometime, but not every year. It was the best time in the world but it did take every bit of the summer; school started 3 days after I got back home. On next year's vacation I might like to be a little lazy. I'm glad we did it. It was a great experience."

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## THE VILLAGE NEWS

is published monthly except in July and December and is sent free to every household in Cabin John. Others may subscribe for \$5 a year.

Please send news, ads, letters, subscriptions, etc., to The Village News, P.O. Box 164, Cabin John, MD 20818.

The next deadline is 10 a.m., Saturday, March 17.

Volunteers for this issue:  
 Editor: Andy Rice  
 Design: Cherry Doyle  
 Business Manager: Clare Amoruso  
 Production: Dan Blum  
 Mailing: Barbara and Reed Martin

**WELCOME TO:**

**"THE ELEGANT NEEDLE"**

Cabin John residents interested in stitchery now have the finest and most varied selection of painted canvasses for needlepoint and other related supplies here in our community. "The Elegant Needle" moved to the MacArthur Square Shopping Center last September after 22 years at its previous location in D.C.

Its owners are sisters Lucy Waldstein and Inge Engel, both stitchery experts. Needlepoint, cross stitch and crewel are its specialties. The finished product can be used in many ways--as a pillow, chair cover, Christmas stocking, framed as a picture, etc.

The Elegant Needle (located on the back side of the shopping center) is open from 10 to 5 on weekdays, and 10 to 4 on Saturdays. Classes are taught by the previous owner, Susan Spaulding, to beginning, intermediate, and advanced students. For information, call 320-0066.

**CABIN JOHNERS IN THE NEWS**

\* Pearman Marshall of Webb Road gave his wife Thelma an unusual birthday gift recently -- an entire country music program on radio station WAMU sponsored in her name. "It's something he does every year when he contributes to National Public Radio," says Mrs. Marshall.

\* Another Webb Road resident, Kevin Kearney, was written up in the January 5 issue of City Paper for his lobbying efforts on behalf of nudists. Although not a nudist himself, veteran outdoorsman Kearney

lobbies federal agencies that have power over public lands, seeking regulations to permit clothing-optional recreation.

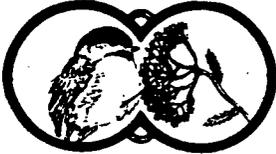
\* Barbara and Reed Martin were featured in an article in the February Smithsonian Magazine for their participation in the London-to-Brighton Run for pre-1905 cars. Driving their 3-wheel 1900 Knox, the Martins, who live on 79th Street, left London at 8 a.m. on the 57-mile route, crossing the finish line at 3:45 p.m.,

15 minutes before the deadline.

\* Norma McCaig, of 81st Street, is representative of Global Nomads International, one of several groups recently described in the Washington Post that serve the needs of younger Americans whose childhoods have been spent moving around the world with their Foreign Service, military, or international business parents, and who therefore have a sense of rootlessness in the United States.

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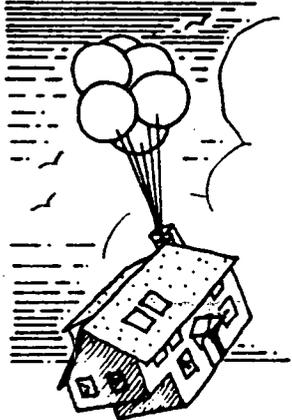
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\* Efforts to relocate the bus stop at Glen Echo seem to have come to a dead end, according to The Echo, the village newspaper of Glen Echo. PEPCO has installed a street light over the present location of the stop, and some time this year the county plans to pave about 75 feet of the right-of-way along Goldsboro Road just north of the Exxon station.

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