

Cabin John Village News

Vol. 6 no. 8

April 1973

APRIL CALENDAR

- Apr. 3 - PTA Election of Officers 7:15pm CBSch.
- Apr. 4 - Kindergarten Round up 8:30-11 a.m.
- Apr. 4 - Town Mtg. Comm. Plan 7:30pm
- Apr. 7 - Home Study Lasagna Dinner 4-7 pm
Unitarian Church River Rd.
- Apr. 7 - Community Health Day 10-2 p.m.
Clara Barton School
- Apr. 7 - Story Hr., Penny Theat. 10:30 a.m.
Little Falls Library
- Apr. 10 - Film In Search of Rembrandt 8 pm
Little Falls Library
- Apr. 13 - Book Discussion 1:30 p.m.
Little Falls Library
- Apr. 14 - Punch And Judy Puppets 10 & 11 a.m.
Glen Echo Town Hall
- Apr. 14 - PTA Fair 12-4 p.m.
Clara Barton School
- Apr. 18 - Navy String Quartette concert 8 pm
Glen Echo Town Hall
- Apr. 19 - Citizens Association 8 p.m.
Clara Barton School
- Apr. 21 - Easter Egg Hunt 1-3 p.m.
Cabin John United Methodist Church
- Apr. 28 - Story Hour 10:30 a.m.
Little Falls Library
- Apr. 29 - Community Sing
Cabin John United Methodist Church

TOWN MEETINGS HELD

TO DISCUSS

COMMUNITY PLAN

The final draft of the Cabin John Community Plan was discussed by 100 citizens at a Town Meeting on Wednesday, March 28. Copies of the Plan had been distributed to every household the previous week.

The first half of the Plan was approved with some changes and amendments. Lengthy discussion was held regarding the Planned Unit Development of the Burgess Tract. The concept was approved by about a 2 to 1 majority.

The remaining portion of the draft plan (from page 38 on) will be discussed at a Town Meeting on Wednesday, April 4th, at 7:30 p.m. at Clara Barton School. A final copy of the Plan will be distributed to every family in Cabin John.

SPONSORED BY:

Cabin John Health Committee
Montgomery Co. Health Dept.
Many Volunteer Agencies
* * * * *

INFORMATION EXHIBITS

MONT. CO. HEALTH DEPT.
TB & RESPIRATORY ASSOC.
JET NOISE & AIR POLLUTION
ARTHRITIS & RHEUMATISM
WASH. HEARING SOCIETY
MENTAL HEALTH ASSOC.
KIDNEY FOUNDATION
CANCER SOCIETY
HEART ASSOC.
VD
SMOKING
EXERCISE
NUTRITION
EARTH WEEK
DRUG ABUSE
ALCOHOLISM
SICKLE CELL
LEAD POISONING
WEIGHT CONTROL-TOPS
* * * * *

ENDORSED BY:

C. J. Citizens Assoc.
C. J. Gardens Assoc.
Carderock South Assoc.
Clara Barton PTA
VFW Memorial Post #5633
Gibson Grove Church
Pastor, C.J. Methodist Church
Pastor, Riverside Assembly
of God

NO CHARGES

Free Child Care
Under 6 Years

* IMMUNIZATIONS FOR CHILDREN

* SCREENING CHECKS:

TB SKIN TESTING
BLOOD PRESSURE CHECK
WELL BABY EXAM
HEARING TESTING
GLAUCOMA CHECK

* All are performed
free of charge
by certified
health officials

COOKIES & JUICE ON
SALE TO HELP COVER
EXPENSES

Community HEALTH DAY

Sat. April 7 10am-2pm

CLARA BARTON
SCHOOL

Children
&
Teenagers

Need TB Skin Tests
Under 16, Must Be
With Parent - OR
With Another Adult,
And Have Written
Permission.

HOME SAFETY

POISONS IN THE HOME
COMMUNITY HAZARDS

* * * * *

-- SIGN UP --

Family Communication Class
Quit Smoking
Weight Control - TOPS

Shirley Trebach is the photographer who is opening the studio and gallery on the corner of MacArthur and 77th. She comes to Cabin John from Carderock where she lives and has worked for about 4 years. Shirley was taught darkroom skills by her mother, Bessie Zuckerman, who at the age of 16 studied photography at Coney Island.

At the age of 20 Bessie Zuckerman and her brother bought a horse and wagon and began to follow the carnivals, taking pictures of the carnival patrons, and then moving on. She opened two photography studios in Washington during World War I where she worked until she was married. During the depression she went from door to door asking families if they wanted pictures of their children.

Shirley Trebach takes her portraits out in the open or in the home or place of work of the subjects. They look relaxed because they feel relaxed, and that is because of the familiar setting along with Shirley's peaceful and unhurried attitude.

The elements of Shirley's portraits, color, setting, and lighting, just work together to provide a great glimpse of the personality of the subject. Shirley's warmth and sensitivity comes through too; she likes people, and it shows.

The gallery side of the house facing 77th St. will be a unique art center for Cabin John and the surrounding area. Shirley hopes to draw exhibits from basements and attics of artists who have found displaying too difficult in the past. Her partners, Connie Hubel and Doris Kane, are looking at paintings and selecting displays for selling by consignment. The main intent of the gallery is to provide a place where anyone may come in and browse, and find a painting or clay pots or woven hangings to enjoy for a reasonable price.

Other plans for the studio and gallery include outdoor shows once a month or so, and workshops in photography, guitar or banjo, interior decorating, and needlework, by qualified instructors. Picture framing will also be provided.

If you have an interest in art-photography, or painting - call Shirley Trebach, 229-7800, and make an appointment to visit the studio and gallery. You'll have a happy surprise. Once the gallery is open appointments not necessary during working hours.

TAVERN TALKS

In a continuing program of tavern talks for the month of April, 3 wildflower hikes have been scheduled by the National Park Service. April 11, 19, and 28 are scheduled dates, hike beginning at 9:00 a.m. each date. Meet at Great Falls Tavern, Great Falls, Md., for a special treat which is a once a year happening. The hike will take about two hours, so wear comfortable shoes. Call 299-3613 for further information.

The Scout Oath and Scout Law are the only rules at our scout meetings.

The month of March has been an interesting one for the Scouts. Scouts hiked 10½ miles of the Canal from Georgetown to Carderock on Saturday the 10th, and most of the 20 registered scouts attended an orienteering course at Prince William Forest Park near Quantico on Sunday the 18th. A one hour lecture and two hours in the woods taught most of us how not to get lost. Some got lost learning.... but we hope experience is truly the best teacher.

April will see the scouts busy on three weekends. We are helping on community health day - April 7, at the PTA Fair April 14, and will attend a hunter's safety course and campout at a local Isaac Walton League facility.

So that scout parents and interested Cabin Johners will better understand the purpose of scouting, I have included in this month's scouting news a short statement of scout philosophy from a hand-out I received at an adult training session:

It is the purpose of the Boy Scouts of America to provide for boys an effective program designed to build desirable qualities of character, to train in the responsibilities of participating citizenship, and to develop in them personal fitness, thus to help in the development of American citizens who:

- *Are Physically, mentally, and emotionally fit.
- *Have a high degree of self-reliance as evidenced in such qualities as initiative, courage, and resourcefulness.
- *Have personal and stable values firmly based on religious concepts.
- *Have the desire and the skills to help others.
- *Understand the principles of the American social, economic, and governmental systems.
- *Are knowledgeable about and take pride in their American heritage and understand America's role in the world.
- *Have a keen respect for the basic rights of all people.
- *Are prepared to fulfill the varied responsibilities of participating in and giving leadership to American society and in the forums of the world.

The Boy Scouts of America accomplishes this purpose by making its program available in partnership with existing groups having compatible goals, including religious, educational, civic, fraternal, business, labor, and governmental bodies.

RIDE A BIKE FOR RETARDED

The Montgomery County Association for Retarded Citizens is sponsoring a ride a bike for retarded on April 8, from 12 noon to 6 p.m. The closest meeting point to Cabin John is the Korvetts parking lot on Rockville pike. Each rider will need a sponsor form and route map, available by calling 949-7787. Money will be donated to the Association for Retarded Citizens for the total mileage ridden in the ride a bike.

IMMUNIZATIONS: State law requires all school children to be up to date on immunizations prior to school entry in September 1973. Update your childrens immunizations on Health Day. Please bring records of previous immunizations.

NEW BEAUTY OPERATOR

Dorothy Helen Nelson happily announces an addition to the staff of her Beauty shop. Joyce Chase is an excellent beauty operator who comes from Gaithersburg to Cabin John on Thursdays, Fridays, and Saturdays. Come and have Joyce style your hair - she's great!

A BONUS FOR DELIVERERS

Contrary to President Nixon's wage control program, I'm using the small surplus in the Village News budget to reward our deliverers by giving them a 100% increase in wages. They really work hard every month and I couldn't think of a better way to thank them. Remember June is "Contribute to the Village News" month!

FIRE DEPARTMENT HISTORY

The Cabin John Park Volunteer Fire Department was organized and incorporated in 1930 by Charles E. Benson with ten charter members. There members were:

| | |
|-------------|-------------|
| B. G. Brand | J. Lowe |
| L. Atwell | C. Magruder |
| H. T. Davis | N. Hunt |
| M. Lynch | J. Sipes |
| J. Lynch | E. Magruder |

The meetings were held at Benson's store located at MacArthur Blvd. and 78th St. At the first meeting held, the minutes were recorded on a brown bag.

As the membership grew, more space was needed, so eventually the meetings were held at the Clara Barton School Auditorium.

The first apparatus used by the Fire Department was a Model T Pick-up with a 100 gallon portable pump. This truck was stationed at Mr. Carper's residence in a shed on the corner of MacArthur Blvd. and 77th St.

In 1930 Company #10 started to build their fire house. It took two years to complete. The first meeting held at the new fire house was on Friday, March 18, 1932.

In the years to follow, additions were added and remodeling was done. The upstairs dance hall was converted into offices and a bunk room. A recreation room was built on the first floor and then an ambulance bay. Recently the engine room was redone and tiled. Then in 1970, a new station was built, this station, Company #30, is located on Falls Road in Potomac, Maryland.

Following is a list of equipment that company 10 and Company 30 has had through the years:

1930 Brock Way 300 gallon per minute pumper with approximately 500 feet of 2 and $\frac{1}{2}$ inch hose, booster reel and a few odds and ends.

1936 Cadillac rescue wagon from Bethesda Fire Department to replace Ford pick-up. It had 150 gallon booster tank indian tanks, and axes, etc.

1940 Two American La France 750's were purchased from the D. C. Fire Department.

1944 Mack 500 gallon per minute pumper.

1946 Reo 500 gallon per minute pumper.

1952 Purchased a 1946 Buick Ambulance from Takoma Park

1952 A 1946 Chevrolet Carry All.

1953 Ford 500 gallon per minute pumper.

1958 Tank wagon donated to Latonsville - 1965.

1959 Purchased a 1959 Ambulance

1963 Ford 1000 gallon per minute pumper.

1963 Purchased a 1959 Chevrolet Station Wagon.

1965 Cadillac ambulance.

1966 Ford pick up - $\frac{1}{2}$ ton.

1967 Hahn 1000 gallon per minute pumper.

1969 Chevrolet Squirt.

1971 Chevrolet Ambulance.

1971 $\frac{3}{4}$ ton Ford pick up. At the present time we have on order two new pumpers.

Following is a list of chiefs and their years in office from 1930 to the present time.

| | | | |
|---------|------------------|---------|-----------------|
| 1930-31 | Norman Lynch | 1952 | Ed Kerns |
| 1930 | Graham, Sullivan | 1953 | Otie Howell |
| 1933 | Hubert Streams | 1954-61 | Donald Marshall |
| 1934-37 | C. Kipps | 1961-62 | Frank Prather |
| 1937 | J. Johnson | 1962-64 | G. Tuohey |
| 1938 | W. Curtain | 1964 | R. Hook, |
| 1939 | Norman Hunt | | G. Tuohey |
| 1940-41 | Kenneth Tuohey | 1965 | Frank Prather |
| 1942 | Norman Hunt | 1966 | R. Hook |
| 1943-46 | D. Touhey | 1967 | G. Tuohey |
| 1947-51 | Otie Howell | 1968 | F. Prather |
| 1951 | Kenneth Tuohey | 1969 | F. Prather |
| | | 1970 | E. Gotthardt - |
| | | | to present time |

The Cabin John Volunteer Fire Department has 19 paid men and 84 volunteers.

CLARA BARTON PTA NEWS

Clara Barton PTA will hold a Fair on April 14th from 12 noon to 4:00 p.m. Planned features are a bake sale, games, refreshments, and a handcraft boutique. Students and teachers at Clara Barton will benefit from the proceeds of the fair, as they will be used for classroom aids and other necessary expenditures. Donations of handcrafted items for the handcraft boutique and baked goods for the bake sale are needed, call Dianne Heflin at 229-0280. Support your PTA; plan to display your baked goods and creative genius at the Clara Barton PTA fair; attend and carry off something beautiful and delicious.

MEAT BOYCOTT WEEK APRIL 1-7

If you are a person who really doesn't like the eye-popping prices on meat these days, here is your chance to express your feelings. A group called FIT - Fight Inflation Together is planning a meat boycott for the first week in April, then meatless meals every Tuesday and Thursday thereafter until the prices of meat go down. You need not be a member of FIT. Your refusal to buy meat during this important week, and for Tuesdays and Thursdays thereafter will make known your desire for lower meat prices. Dianne Airdale at 577-6526 may be able to give you information on Montgomery County meetings on the subject.

To be sure that your family is filling their daily protein requirements through the week, buy or borrow a book called Diet for a Small Planet by Frances Moore Lappe, and use the recipes in the back of the book for meal planning. Or write:

Virginia Citizens Consumer Council
Box 3103
Alexandria, Virginia 22302

for meatless recipes in your stamped, self-addressed envelope.

METHODIST CHURCH COMING EVENTS

April 1st service is to be a sharing service, at 11:00 a.m. There will be three speakers from the community, Charles R. (BB) Smith, Dagny Newmann, and Margie Oliver. Confirmation classes continue on the 1st and 2nd Sundays from 5 to 6 p.m., and on the 15th, the confirmation class will be received into the church.

There will be a special charge conference on April 4th at 7:30 p.m. at the church for the purpose of updating the church rolls, followed by a board meeting.

The youth of the Cabin John United Methodist Church will be planning youth and recreation activities for the summer on Sunday the 8th from 3 to 5 p.m., with the purpose of keeping the youth group active this summer.

Communion will be held on the 19th at 7:30 p.m., in celebration of Holy Week, and on the 19th at 8:00 p.m. there will be a Good Friday service in cooperation with the Presbyterian Church and St. Andrews. The new minister from St. Andrews will speak.

An Easter Egg Hunt for the children aged to 12 years will be sponsored by the youth of the church on Saturday the 21st from 1 to 3 p.m. All community children are invited to attend.

Easter Morning at 7:00 a.m., the young people are sponsoring a Sunrise Service. Charles R. (BB) Smith will speak, and coffee and donuts will be served following the devotional.

On Sunday evening the 29th, the evening service will be a community sing, and everyone is invited to come and bring musical instruments.

The church will take part in community health day on the 7th of April.

Cabin John United Church is in need of a janitor or caretaker to do light work around the church, and will offer \$20 a month to a young person who is willing to take the job. Call Wilfred Candey, the church treasurer, for information on this opportunity.

LITTLE FALLS LIBRARY NOTES

The library's monthly book discussion will be held on Friday April 13th at 1:30 p.m. The subject of the discussion is Lessons from Don Juan by Castenada. On April 10th a film will be shown. In Search of Rembrandt, a portrait of the artist as seen through his works, will be shown at 8:00 p.m.

Children's room activities for children 4-6 years old will include story hour and penny theater on the 7th of April at 10:30 a.m., and story hour on the 28th at 10:30 a.m. Preregister the children at the library to see that there will be room for them.

THE GLEN ECHO BAPTIST CHURCH

Dear friends,

As we seek to serve our community please check the following areas where we can minister to you, your family, or friends and return to the Glen Echo Baptist Church, Vassar Circle, Glen Echo, Md. 20768 Services are held each Sunday 9:30 am, 11 am, 6 pm and 7 pm. All races and creeds are welcome to attend and study the word of God.

- ___ 1. I am interested in having my children attend Sunday School if transportation is provided.
- ___ 2. I would like to attend church services if transportation is provided.
- ___ 3. I would like a free copy of the Tenach (Old testament) in modern english with a study program.
- ___ 4. I would like a free modern translation of the New Testament with the answers most frequently asked about the Bible.
- ___ 5. I am interested in attending an informal home Bible study group meeting in my community. ___ I would like a group to meet in my house.
- ___ 6. I would like to learn more about the Messianic Jews.
- ___ 7. I am concerned about my relationship with God. ___ What does it mean to be saved? ___ Can a person be sure that they are going to heaven?
- ___ 8. I am a young person and I have a real problem.
- ___ 9. I am hooked. Dope? Alcohol? Other? ___ I want to be set free. I would like to talk to someone my own age who has found deliverance.
- ___ 10. I would like to find a victorious, happy, Spirit-filled life.

There is no obligation for any literature requested. Personal calls are only made by invitation and appointment.

HOME STUDY DINNER

The Home Study Club is having its lasagna dinner for the camp fund, to be held on April 7 from 4:00 to 7:00 p.m., at the Unitarian Church at the corner of River Rd. and Whittier Blvd. The dinner promises to be delicious, as all home study meals are. The price of tickets is \$1.25 for small helpings, and 2.50 for large. Contact Karen Senger 229-5718, or Celeste Swedenberg, 229-2282, for ticket information. Plan to go and have a delicious meal, followed by-- no dishes!

GLEN ECHO TOWN HALL ACTIVITIES

The Montgomery County Department of Recreation will sponsor a Punch and Judy Puppet Show, produced by the American University Puppet Theatre Touring Company on Saturday, April 14, at 10:00 a.m., and at 11:00 a.m. The show will include puppet making demonstrations. Admission is .50 per person and tickets are available at the Montgomery County Department of Recreation, 6400 Democracy Boulevard phone 530-5200, and Potomac Valley Electronics in the Glen Echo Shopping Center. Some tickets available at the door.

The Montgomery County Department of Recreation will also sponsor the U.S. Navy String Quartette, in concert on Wednesday, April 18, at 8:00 p.m. at the Glen Echo Town Hall. Tickets are not necessary, and admission is free.

The Glen Echo Town Hall is at 6106 Harvard Ave., Glen Echo.

RECREATION PROGRAMS

The following recreation programs

are planned for the month of April:

CLARA BARTON PROGRAMS

GIRLS BASKETBALL

Open to girls in grades 4,5, and 6. The program meets each Monday and Friday from 2:30 to 3:30p.m.

BOYS SOCCER

Open to boys in grades 3,4,5, and 6. Meets each Tuesday and Thursday from 3:30 to 4:30.

MIGHTY-MITES SOCCER/ T-BALL

Open to boys and girls in grades 1, 2, and 3. Meeting times are Tuesday and Thursday from 2:30 to 3:30

CABIN JOHN RECREATION CENTER

BOYS FITNESS CLUB

Meets Monday evenings from 7 to 8p.m.

Teen Club

Meets Friday evening from 7 to 11p.m.

FOR FURTHER INFORMATION CALL
RICK ROBINSON 652-2249

HIGH BLOOD PRESSURE, one of the major health problems in the U.S., can be brought under control by proven treatment which is neither unduly hazardous, expensive nor complicated.

It is estimated that (1) 1 in 10 Americans are suffering from high blood pressure, (2) of those, only half know they have it, and (3) of those, only 1 in 8 receive proper care even though it can be treated easily and inexpensively.

Blood pressure - the force exerted against artery walls as blood flows - is a vital force, rising to a peak with each heart beat (systole) and decreasing between beats (diastole). Measurements of it are written in fraction style (140/90, for example), showing both levels; the top figure is the systolic pressure, and the bottom figure is the diastolic.

Blood pressure varies among people--and in the same person at different times, decreasing during sleep, increasing during exertion or excitement. There is a considerable range of normal pressure from 90/60 up to 140/90. But when pressure goes much above that and remains elevated, patients have high blood pressure or hypertension.

With pressure in the arteries high the heart must pump harder. By excessive pounding, high blood pressure injures the artery walls so that more fatty deposits settle. Result: atherosclerosis, artery clogging that can choke off blood supply to the heart, brain or kidneys, leading to heart attack, stroke or kidney failure.

Despite all the serious dangers of hypertension, not everyone with a slight elevation of blood pressure needs immediate medication. Such a condition may call only for increased watchfulness, and often can be readily overcome by weight reduction or reduction of salt intake.

The safest course to follow is to get a check-up and follow your doctor's advice. If your physician diagnoses hypertension and prescribes treatment - medication or diet - then follow his advice faithfully. It is the best investment you can make to avoid premature death from heart failure or stroke.

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Free blood pressure checks will be made at Community Health Day on April 7th, at Clara Barton, from 10 a.m. to 2 p.m. by a certified health official from the American Heart Association.

Be sure to have your blood pressure checked - if it's normal, you'll feel great - if it's questionable, you'll be referred to consult with your own physician.

Advertisements in the Village News cost \$3.00 per month or \$8.00 for three months. Want ads: \$.50 per month. A NEW POLICY OF THE VILLAGE NEWS REQUIRES PAYMENT IN ADVANCE FOR ALL WANT ADS.

FOOD CO-OP POSSIBILITY

Anyone who is interested in forming a food-buying club in an effort to save money on staple foods please contact George Deihl - 229-6312. If there is enough interest, we'll try to get together.

RECYCLING CENTER CORRECTION

The Recycling Center at Little Falls Mall is open from 9 a.m. to 3 p.m. on Saturday, and from 11 a.m. to 3 p.m. on Sunday. This paper previously stated it was open until 4:30 on both days. Glass, newspaper and cans are collected.

RENT CONTROL ASSISTANCE

A rent control office has been opened in Montgomery County to answer questions and receive complaints from the public. Montgomery County Legislation prohibits raising of February 1973 rents more than 7.5 per cent over the August 1971 rent for a 90 day period beginning March 1. Tenants who feel their rents have been illegally raised or landlords who wish help in determining allowable increases, call 770-6583.

WANT ADS

POTHOLDERS FOR SALE: 39¢ each. Phone orders delivered only in Cabin John area. Call 229-8357. Marian Council Mfg. Co., Jeffrey Council Sales Manager. Thank you, Thank you, Thank you!

BABYSITTER: I will babysit in my home on a regular basis through the summer. Call Dianne Heflin 229-0280.

AVON REPRESENTATIVE: Cabin John Area. Dianne Butt - 229-6193. Call if interested in buying or selling.

LOST CAT: Large White altered male with gray on forehead, back and tail lost in Carderock area. Please call Shirley Skoler - 229-1130 if you have seen him.

INTERESTED IN BUYING ORGANIC HEALTH FOODS, BIODEGRADABLE CLEANING PRODUCTS & ORGANIC COSMETICS??

Distributorships also available. Products will be demonstrated for prospective buyers as well as distributors. Call Peggy at 536-4693.

LADIES RECIPE FILE

Blueberry Pudding (Aunt Florence Marcy)

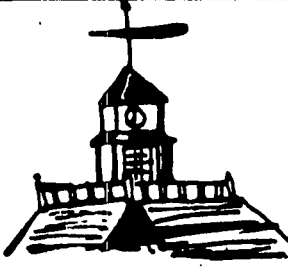
2 boxes frozen berries (or fresh stewed with Sugar)
1 cup sugar (if you use frozen berries, Add a little lemon juice and salt.

Heat berries and sugar together. Line glass bowl with stale white bread cut very thin and buttered. Put a layer of berries and juice between each layer of bread, press down. Place in warm over (200) for 15 minutes. Cool Refrigerate overnight. Unmold with spatula onto platter and serve cold with hard sauce or whipped cream. Garnish with a few berries. (Serves 4-5).

KINDERGARTEN ROUND-UP REMINDER

April 4 is the day to register your child for Kindergarten. Parents and eligible children (must be 5 by December 31, 1973) may come between 8:30 am and 11 am to the school office. Be sure to have a birth certificate or other verification of the child's age with you. Registering your child now will save time and confusion on the first day of school in September.

//////
Village News Staff
Susan Vogt, editor 6509 76th St.
229-6479
Maryanne Wilson, associate editor
229-3397
Morris Fradin, special articles
229-1338
Joann Bast, mailing 229-8789
Concord School, collating and stapeling



Potomac National Bank
Mon - Fri 8:30 am - 2 pm
Wed and Fri 4 - 7 pm
229-0100



Phone: 229-1361 or 229-9811
Dorothy Helen's
BEAUTY SALON
7630 Tomlinson Ave.
Apt. 15
Cabin John, Md. 20731
"Personal Hairdressing"

QUICK FOOD SHOP
Mon. thru Sat.
6:30 am - 6 pm
Groceries, Breakfast, Pastries
Lunch, Meats, Carry-Out

BEVERLY DOLEZAL
Piano and Voice Studio
7101 Persimmon Tree Rd.
229-5685
Children - Adults - All levels

EMIL DOLEZAL
for
PLUMBING AND HEATING
229-5685
Repairs
Remodeling
Water Heaters
Drain Service
Regis. Master Plumber